



2019 Global Youth Leadership Summit

The Unified Generation

Over 150 youth and adult leaders with and without intellectual disabilities from more than 35 nations gathered in Abu Dhabi from 14-18 March, 2019 for the Special Olympics Global Youth Leadership Summit. The Summit was a convening of Youth Leaders, aged between 15 and 25, from around the world to grow as leaders and develop innovative projects to bring the inclusive vision of Special Olympics to life in their homes, schools, and communities.

The Global Youth Leadership Summit has been an integral part of the Special Olympics movement for over a decade, with the first Summit taking place in Alaska, USA, as part of the 2001 Special Olympics World Winter Games. Following the Summit in Abu Dhabi, the Youth Leaders are implementing their innovative ideas of inclusion through youth-led projects in their respective communities with support from Special Olympics and its partners. These 53 projects are a powerful legacy of the 2019 Special Olympics World Summer Games and will positively affect hundreds of schools and thousands of young people around the world—all while working toward a shared global vision: inclusion.

This document features the innovative, youth-led projects for inclusion that participants of the Special Global Youth Leadership Summit have designed and are implementing around the world.

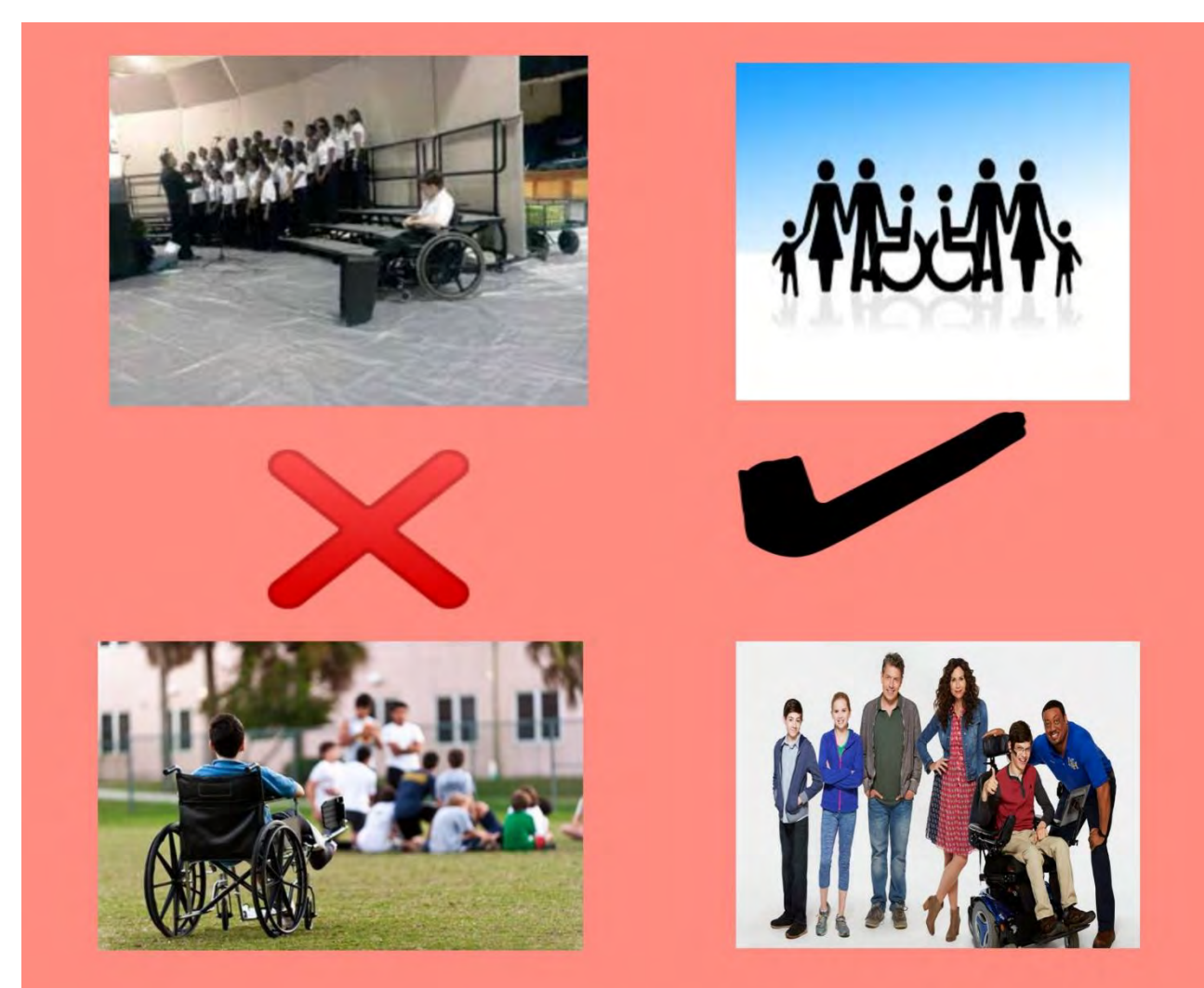


Special Olympics Africa

Introduction

The Problem

The community is failing to provide support to people with intellectual disabilities. The ID society is still judged and some are even rejected. This is because the community is failing to understand their intelligence and how valuable their input can be beneficial to them.



Project Goals

To expand Unified Schools, Unified Champion Schools, and inclusive youth leadership in Botswana. They aim to have Unified Sports teams formed in 60% of the country and to increase the number of Special Olympics athletes, Unified Partners, and coaches. In order to do this, they will also focus on raising public awareness of the value that people with intellectual disabilities add to society.

The Idea

Project Activities

What to do?

Identify areas with high population of people with intellectual disabilities.

Share the project ideas with other leaders nationwide. Launch the campaign.

Reach out to all regions and recruit more youth leaders.

Train them and assign them with leadership responsibilities

Let the trained youth leaders spread the word of inclusion across the villages and all private and government sectors in their regions and provide assistance where needed

- **Where to take place**
 - Botswana
- **Who to be involved**
 - Citizens of Botswana

Our Impact

Results of the project

- Formation of Unified teams over 60% of the country.
- Have more athletes as leaders
- Inclusive community

Evaluation of the project to know that we have achieved our goals

- Survey conducted
- interview,
- event sign in sheet

Keeping project sustainable

- Reaching out to different parts of the country and schools to educate people about the need for inclusion of people with disabilities.
- Create sports competitions for Unified teams.

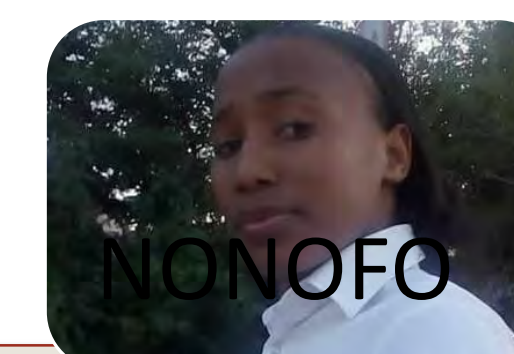
About Us

Oteng is currently studying Bachelor of Physical Education at the University of Botswana. He intends to build a Unified Generation starting in his home country of Botswana and to study adaptive physical education so he can better support and educate people with disabilities.

Nonofu recently completed his studies in hospitality at Gaborone Technical College. She joined Special Olympics in 2011 as an athlete and competed at the 2011 Special Olympics World Summer Games in Athens, Greece. Through Special Olympics, she has learned how to advocate for inclusion and wants to help others to do the same.



OTENG



NONOFO

Contact

OTENG LEBOTSE
Slumber99.ol@gmail.com

NONOFO MAUWE
sob@bnsc.co.bw

Acknowledgments

We would like to thank Mr. Roslyn Tebele for his patience, encouragement, enthusiasm and for allowing us to use his office for our meetings during this project.

Creating an Inclusive Society

Diaby Tenin

- Coulibaly Maïmouna
- Yoh Soumahoro Paule (mentor)

Special Olympics
Cote D'Ivoire



Introduction

The Problem

Social integration of teenagers with intellectual disabilities. The great difficulty we face in our society is that these children are marginalized and more often left behind.



Project Goal

In our African societies, Ivorian children with ID are banished from society. In order to eliminate this phenomenon, we will invite these children to special centers and engage in inclusive activities.

This re-education is combined with the reintegration into society through the practice of sport with other children of the same age group.

The Idea

Project Activities

This practical case is being rolled out in Abidjan, but the implementation of this project will be done throughout the Ivorian national territory. The first people to be invited are the children and their parents. Next, the students and then the whole population will become involved.

Our Impact

This project aims to inform that children with ID are capable beings of society. Our primary goal will be achieved if these kids are introduced to Special Olympics clubs and programs. Then these individuals will be integrated into society. We also hope for the Ivorian state to assist in the care of some of our participants.

Our objectives will be achieved if, in the light of our activities, we find that these phenomena of marginalization and rejection of the society of these children are no longer apparent.

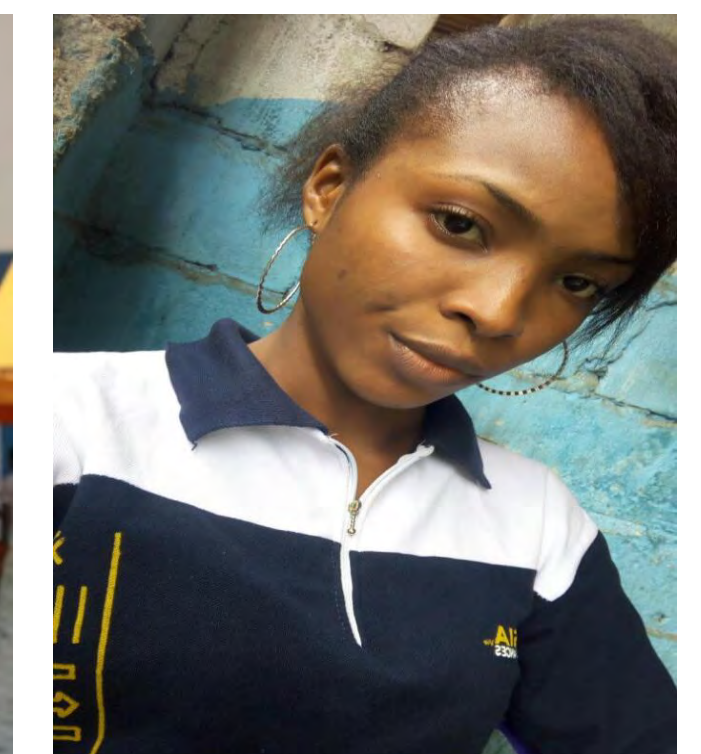
About Us

Diaby Tenin Kandia is a young Ivorian girl of 16 years old and eldest of a family of four. She is learning at the center of hope in Abidjan. She is a handball athlete at Special Olympics.

Coulibaly Maïmouna is 25 years old and is the youngest in a family of ten (10) children. Since 2018, she has been a Special Olympics instructor because she wants to have handball or basketball clubs in her area.



Diaby Tenin Kandia



Coulibaly Maïmouna

Contact

URBAIN AMANI

honeykevine@gmail.com

www.special-olympics.ci

SPECIAL OLYMPICS KENYA, ENHANCING CHANGE



INTRODUCTION

Philip Odero (Athlete), Levis Mchemi (Partner) and Michael Okuma (Mentor) introduces **plastic bag farming technology** at the Integrated School Nyamira in Homa-Bay County part of Kenya.

PROBLEMS

Persons with intellectual disability are perceived as 'Good For Nothing' thus cannot perform any task and therefore they are seen as a burden to society.



Hole making

Watering



Group Photo

PROJECT GOAL

To reduce social stigma surrounding persons with intellectual disabilities by:

1. Develop useful skills in vegetable production and management to a Unified society.
2. To develop and promote entrepreneurial culture to the Unified society.
3. Participate in inclusivity for social cohesion.

THE IDEA

PROJECT ACTIVITIES

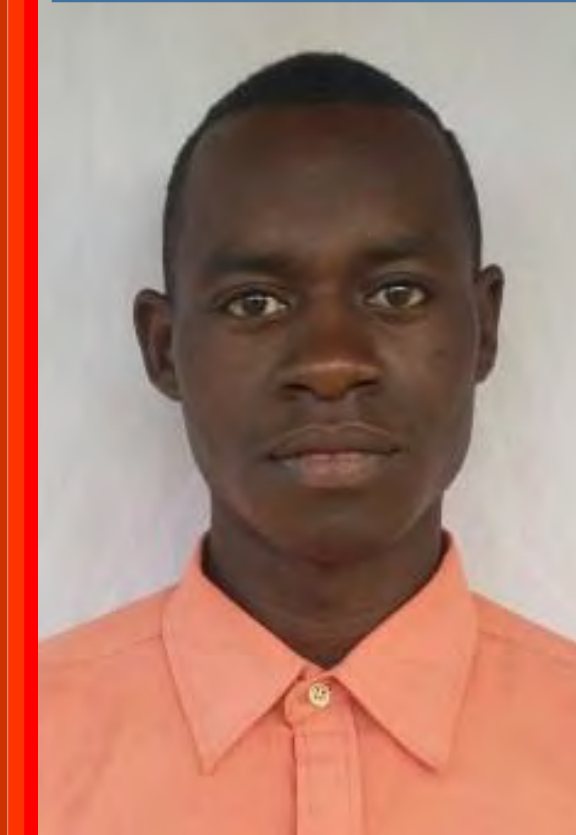
By the end of one year, a team of 70-100 Unified youths;

1. Shall have developed useful skills in vegetable production and management by the use of plastic bags on very minimal spaces and sparing use of water for irrigation.
2. The team shall have developed entrepreneurial culture and a positive attitude through sales of locally produced vegetables to the local community.
3. The team shall have developed the attitude of participating in inclusivity by doing plastic bag farming together without discrimination.

OUR IMPACTS

To develop interactions between persons with and without intellectual disabilities through field outreaches in the Special Schools/Units for persons with intellectual disability, Integrated Schools and Communities around them to promote a discrimination free society.

Phillip



Levis



Michael



CONTACTS

Email: mikeokuma4@gmail.com

mchemilevis@gmail.com

philipodero@gmail.com

Watsap: +254723848138/ +254708407761

ACKNOWLEDGEMENT

We would like to appreciate Susan Masila (SOK National Director) and Ann Muchiri (Project Co – Coordinator), for their continuous encouragement and professional advice.



A week old Seedlings

Creating an Inclusive IT Academy in Mauritius

Special Olympics
Mauritius

Atisha Rammunah, Ravita Dwarika and Christa Bauda-Guness



The Problem

Many young people, with and without Intellectual Disabilities (ID) are still computer illiterate, especially in the rural areas, despite the fact that Mauritius has made a lot of development in various sectors.



The Goals

- To develop basic IT skills in young people in rural areas
- To develop self-confidence in athletes
- To create awareness about Special Olympics and athletes
- To minimize isolation and maximize individual contribution



Project Activities

- Carry out activities in an accessible area
- Host classes once a week
- Make groups of 4-6 people to assist in collaboration and learning

Evaluation

- Feedback forms.
- Social media Impression
- Interview
- Metrics achieved



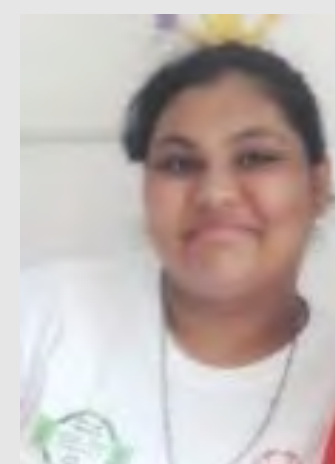
Sustainability

All youth leaders who would be trained would become the next leads and use their skills to train other youth in deprived areas. Youth would be given the opportunity to develop their Office and IT skills such as PowerPoint and video making by using materials given.

About Us



Atisha Rammunah is a volunteer and a Special Olympics Coach. She provides her support in the organization during Family Health Forum, HAS, local and National competitions among others. She wants to form a community where people with and without Intellectual Disabilities work and enjoy life without any barriers and differences. Her vision is to create a youth movement which will focus on inclusion and bring change through the power and joy of sports.



Ravita Dwarika is a Special Olympics athlete and have participated in several activities such as 100m walk and shot-put. Her vision is to create a network where youth with intellectual disabilities will learn and develop basic information technology skill and promote self-confidence by sharing of knowledge and experiences.

Contact

- Atisha RAMMUNAH
- Sanjenarammunah@gmail.com
- Ravita DWARIKA
- RIYADWARIKA1901@gmail.com

Acknowledgement

We would like to thank Special Olympics Mauritius, especially, Mr Jean Marie Malepa, Chairman, Satyagan Choytun, National Director, Mr Kritis Nudurchand, Youth Activator, and Mrs Christa Bauda-Guness, Mentor.

Building the Unified Generation in Senegal

Khady Gueye and Aissatou Alassane Diedhiou



The Problem

Our project deals with the issue of people with intellectual disabilities and their social inclusion.

There is a lack of sensitization toward people with ID in communities, in professional places, in schools and even within families.

Project Goal

The main goal of our project is to sensitize youth in the community, Students at universities, and professionals in order to make them aware of the abilities of all people and engage in Special Olympics opportunities.

Project Activities

- *We will organize an inclusive recreational Special Olympics day where there will be activities to socialize and compete in sports together.*
- *Activities will be organized in public places, at universities and professional training centers.*
- *Athletes, partners, coaches, volunteers, family members and other individuals will be involved in Unified activities.*



Special Olympics
Senegal

The Impact

We will reach:

- *5 universities in Senegal*
- *5 community youth councils*
- *5 centers of professional training in Senegal*
- *500 young people (14 years and plus) will be sensitized to people with ID and exposed to Special Olympics activities*
- *250 new young volunteers will be recruited in Senegal*
- *300 athletes and young athletes will be recruited*
- *100 partners will be recruited*

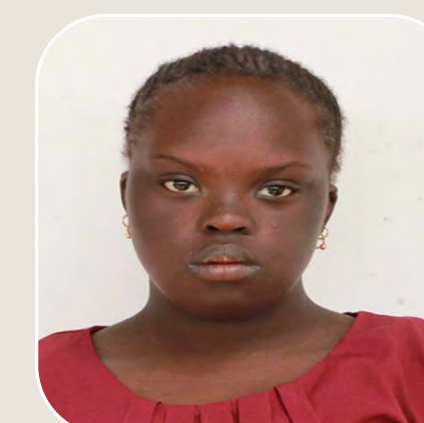
About Us

Khady Gueye is a Special Olympics athlete who is regular at sports training and competitions. She loves participating in athletics. Aside from training, she loves dancing and singing and participates in the majorettes team. She is also particularly keen on sewing outside of sports competitions.

Aissatou is a Special Olympics volunteer who studies finance accounting at ISEG. She is also a volleyball player and she loves helping people in need



Aissatou A.
Diedhiou



Khady Gueye

Contact

Aissatou alassane Diedhiou
missosadiouka@gmail.com
sosenyouthactivationproject@gmail.org

THANK YOU TO:

Our mentor for his dedication, his advice and encouragement during the project design stage.

The Problem

There is a knowledge gap within the community towards people with intellectual disabilities.

The root cause is a lack of awareness for Special Olympics programs that aim to create awareness through trainings and sports.



Project Goals

Training in schools and colleges.

Volunteering at Special Olympics activities.

Conducting Special Olympics workshops/seminars for siblings, friends, parents, and guardians.

Hosting Special Olympics Unified Sports competitions.

Project Activities

1. Special Olympics project launching in Dar es Salaam.
2. Identification of partner organizations, schools and colleges.
3. Development of practices and activities needed for executing the program.
4. Identification and training of 20 Youth Leaders with/without ID, 10 parents, 10 siblings.
5. Creation of two Unified Schools through individuals identified in step four.
6. Host Sports Bonanza and Competitions for athletes in all the target areas.
7. Provide mid-term evaluation to participants for feedback on project process.



The Impact

1. Improved community awareness, recognition and support to people with ID.
2. Improved partnerships and linkages between schools, communities, academic institutions, NGOs, etc.
3. Strengthened capacity of communities, schools and academic institutions to serve people with ID by improving their resources and leadership skills.

About Us

Amina Mwankemwa is 20 years old. Her involvement with Special Olympics started in 2016 as a volunteer in a Unified program in Dar Es Salaam. She became a youth leader, running different programs at the school level. Since then, she has participated national and international workshops on issues related to advocacy and inclusion.

Steven Mhinzi is a Special Olympics Tanzania youth leader. He joined the Unified movement in 2018 when his school was selected to host Unified Games in 2018. He has loved being part of Special Olympics and advocating for respect and inclusion.

Contacts

Name: Charles Rays

Email: sotanzaniadirector@gmail.com

Acknowledgements

We would like to thank project mentor for his encouragement, time, insight and dedication towards this project.



Introduction

The Problems

1. Lack of parent support networks for people with intellectual disabilities
2. Disabilities are associated with bad omen, curse or punishment
3. The community is not accepting intellectual disabilities, but it is being defined by social charity and medical models
4. Lack of information on intellectual disabilities in our communities



Project Goal

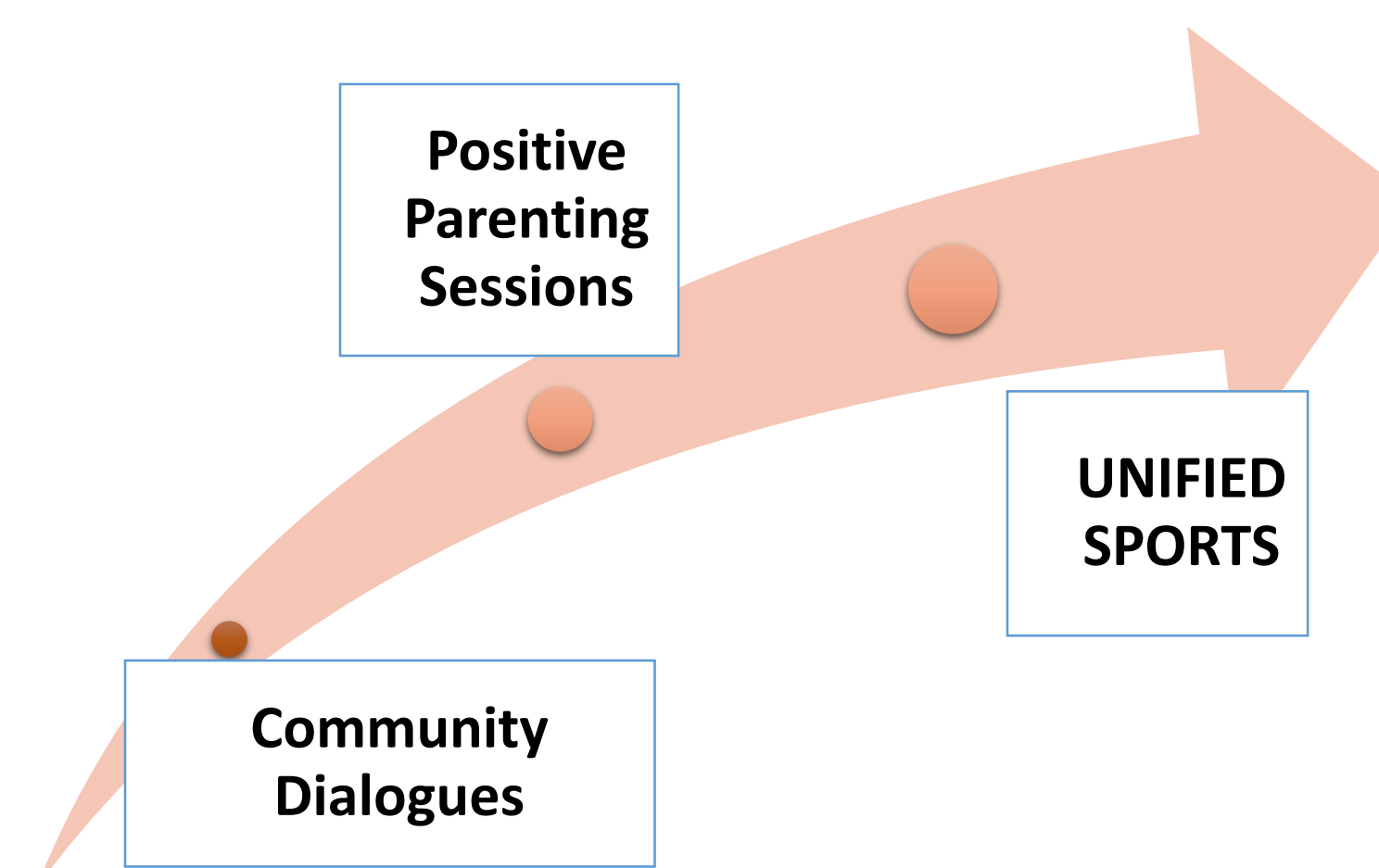
To equip parents with parenting skills and attitudes to help them understand their child's needs and support them and to have a program for parents to provide each other with a support platform. Research has established that parents, who take part in these programs, whether voluntarily or an ad hoc meeting, exhibit more nurturing parenting attitudes upon program completion (Byrne et al., 2013; Serketich et al., 1996).

The aim of the project is to raise awareness in communities in order to have Unified societies which are sensitive to all children's needs regardless of race, ethnicity or disability.

The Idea

Project Activities

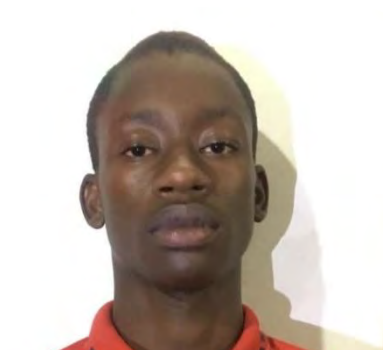
- Community dialogues in order to discuss and demystify Intellectual disability in the society
- Unified Sports
- Positive parenting sessions



Elements of Goal

- Safe and inclusive societies
- Make a difference for parents with children with intellectual disabilities
- Program that will create a support system for parents
- Positive outcomes for children with intellectual disabilities through improved parenting styles

About Us



Malvin



Wadzanai

Malvin lives in Harare. He is passionate about sports. Malvin is a Special Olympics athlete and competes in golf, long jump, and javelin. **Wadzanai** is 20 years old and currently pursuing a Degree in Psychology. A Leo Club member for the past 7 years, she is very passionate about minority groups in the community. Wadzanai got involved in Special Olympics as a volunteer in 2016 and since then she has been part of the Unified Generation and an agent of change.

Contact

Wadzanai Tsvangirai
wadzamuzo98@gmail.com
+263779305683
Malvin Mukombe
tafadzwamukombe19@gmail.com
+263777055843

Acknowledgments

We would like to thank the whole Special Olympics Zimbabwe team for their unwavering support. Many thanks to our adult mentor Douglas Jumbe who supported us through out this whole process.

The Problem

Youth with intellectual disabilities faces a lot of challenges and negative stigmas. Our focus is to equip the youths with necessary skills and knowledge in an inclusive environment so they can learn independence.

Project Goal

- Life skills development amongst youth with and without intellectual disabilities.
- Social inclusion among the youth to reduce stigma toward people with special needs.
- Publicity to raise awareness on the issues of how people with ID are treated.

All About ACCEPTANCE



Accept yourself and the world will accept you.

About Us

Tinotenda is a student at Masvingo Polytechnic studying Information Technology. He is a member of the Leo Club Program and a volunteer at SO Zimbabwe.

Selassi is a friendly and hardworking young man with a strong passion for music. He is also a keen golfer and is an athlete at SO Zimbabwe.

Project Activities

What: The Project will allow groups of 60 young people with and without intellectual disabilities from different areas to meet, live together and work on a shared project for short period under the instruction of a qualified trainers.

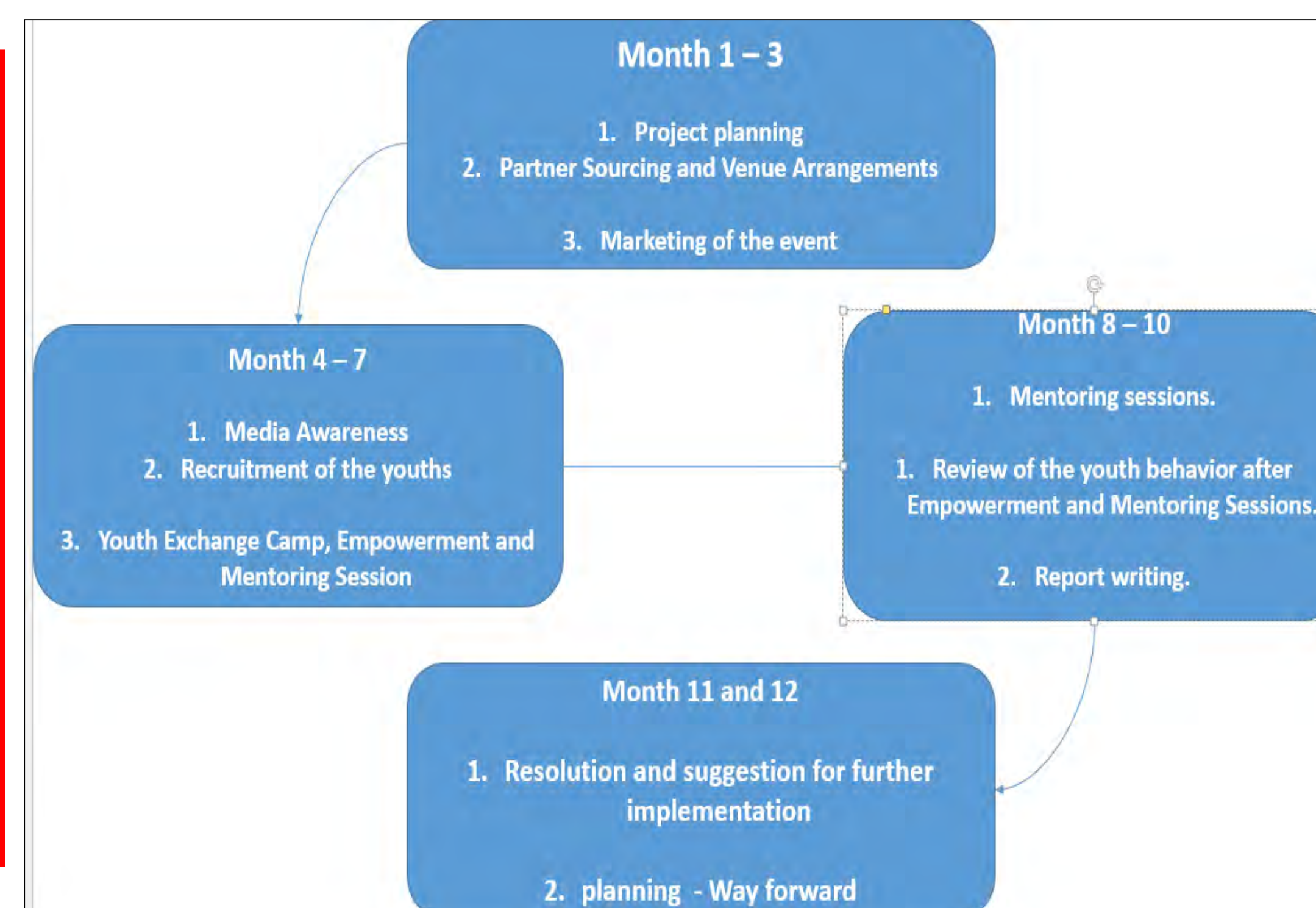
Where: Harare, Zimbabwe

Who: Special Olympics athletes, Leos, Lions, Corporates, Trainers, family and friends



Our Impact

- The concept of creating optimism and oneness will remain the core focus of the project although bonding activities will be accommodated to assist in building life-long relationships.
- This project will show youth without intellectual disabilities how to form valuable relationships with people with ID.
- This exchange program will allow the youth learn different cultures and appreciate the aspect of cultural diversity.
- Publicity through the national and international broadcasting will be adopted to raise awareness on the issues of social inclusion and teach youth to be independent.



Contact

For contact:
Tinotenda Keith Musariri

+263 771 206 986

musaririkeith@gmail.com

I would like to thank
Lion Wilson for his
encouragement,
insight, enthusiasm
during this project.

Special Olympics

Asia Pacific

Generating Awareness through Sports

Special Olympics
Bharat (India)

Indramani Kandi, Bibharani Patra, and Bibekananda Mohanty



Introduction

The Problem

People with disabilities are neglected due to lack of awareness in the community and within society. The youth are misguided due to low percentage of young people being educated on inclusion and acceptance of others.



Project Goal

- To sensitize the youth.
- Make more communities aware of people with ID.
- To build the capacities of the stakeholders in Unified Schools and make them Unified Champion Schools.
- To build partnerships with Community-Based Organizations for supporting the schools and the Unified Generation activities.

The Idea

Project Activities

- We hope to sensitize and build the capacities of the youth by engaging them in Unified activities in their areas.
- The project will take place at the following locations: The Districts of Anugul, Dhenkanal, Jharsuguda, Keonjhar and Mayurbhanj.
- Schools, communities and clubs will be involved in this process.

Our Impact

- The children with intellectual disabilities will no longer be neglected, abused, exploited and abandoned in these communities.
- Increase of the number of schools and youth involved, maintaining better quality of life and providing engagement facilities.



About Us

Indramani Kandi is 16 years old. He has been participating as an athlete in Special Olympics games and events for the last two years. He has participated in the District Game in Puri and the State Games in Barapali, Bargarh District. He also attended the National Coaching Camp in Handball and selected to participate in the National Championship held in Agra, Uttar Pradesh.

Bibharani Patra is 23 years old and lives in the Dhenkanal District of Odisha State in India. He has organized Young Athletes Programs at Dhenkanal District and Khordha District.



Indramani
Kandi



Bibharani Patra

Contact

For contact:

Indramani Kandi

sobodisha@gmail.com

Bibharani Patra

bibharanipatra@mail.com

mohanty_bibeka@yahoo.com

Special Olympics Bharat (India)

Unified Sports

Anil, Onaciss and Saravanan



The Problem

Disability is a big stigma in Pondicherry, people with disabilities are not given the same opportunities. They are discriminated against and do not participate in society. This project aims to show that persons with disability can achieve anything a normal person can do.



Project Goal

We will give awareness on the benefits of sports in schools, we will identify youth leaders then we will train those youth leaders over a period of six months so they can spread the ideals of Unified Sports. They will be engaged in programs by the government and convince schools and sports clubs to have Unified Sports included in sports programs.

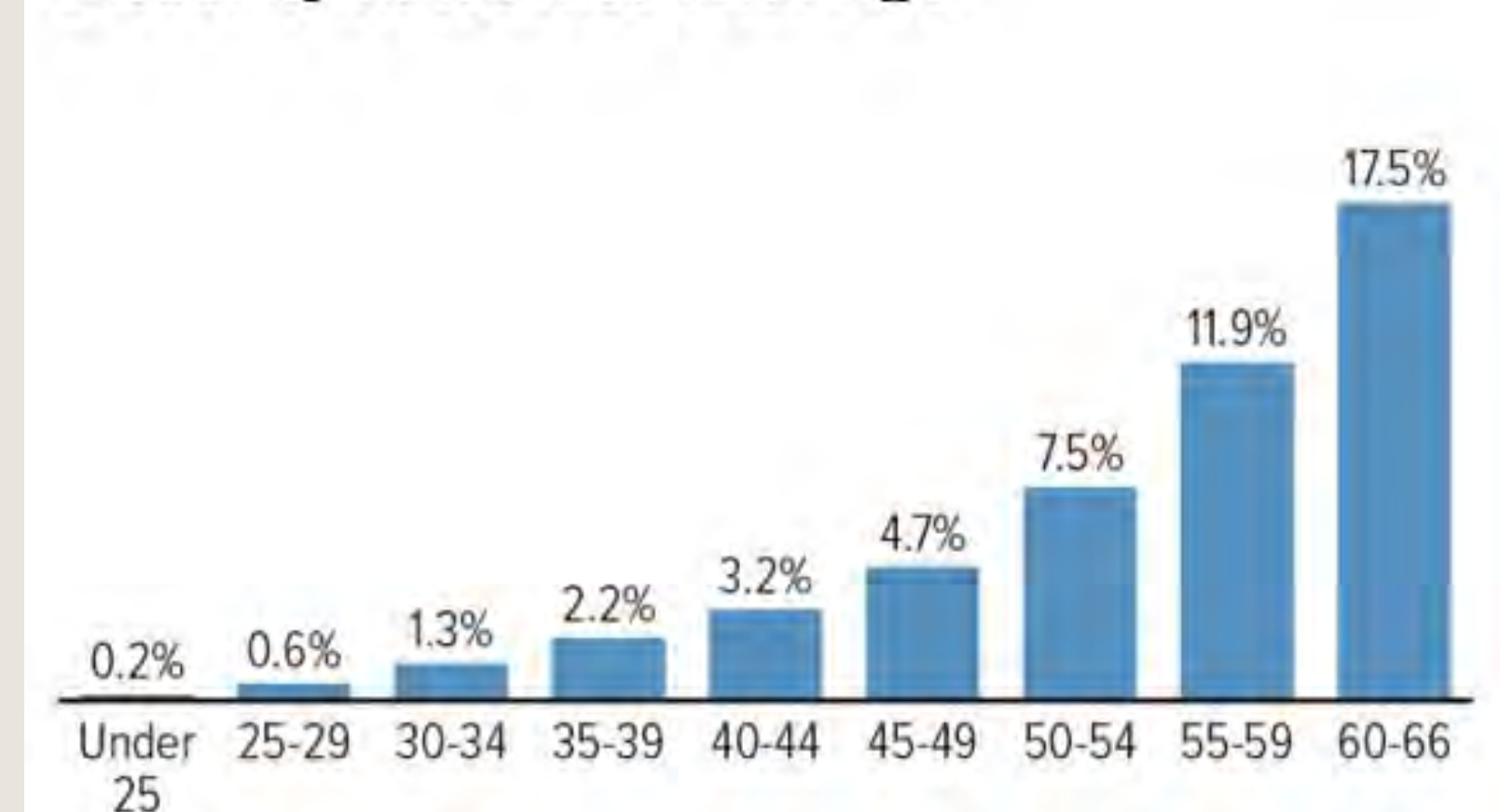


We are one regardless of ability.

Project Activities

- We will show our community the benefits of Unified Sports and the delight of dance. We will showcase sports and dance in public places to bring awareness to Unified Sports.
- We will bring awareness to Unified Sports.
- This project will take place in and around Pondicherry.
- We will identify youth leaders and train them to show the ideals of Unified Sports

Disability Rates Rise With Age

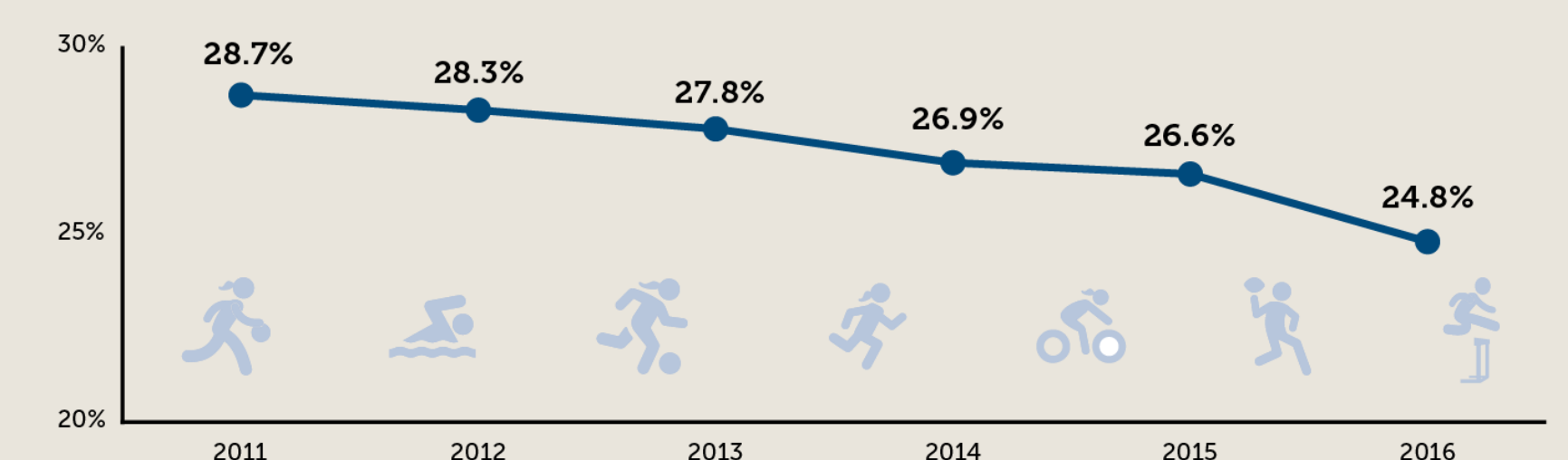


The Impact

This project will create health awareness among special athletes, it will provide an opportunity for special athletes and their mentors to understand each other and give special athletes a chance to integrate in mainstream society. The project will also connect potential supporters of Special Olympics to the movement so that inclusive sports and physical education can benefit more people.

ACTIVE TO A HEALTHY LEVEL

Percentage of children ages 6-12 who participated in high-calorie burning sports activities 151+ times during the year



The relationship between Disability, Poverty and ill-health

About Us

We are athletes from Pondicherry and we have participated in Special Olympics programs and conferences in India. We believe in the ideals of unified sports and wish to play a part in the larger movement of Special Olympics.



Anil



Onaciss

Contact

- Saravanan
- Email: sravansuch@gmail.com
- Cell: +91 9600242524

Acknowledgments

I would like to thank the Special Olympics Program that made all this possible.

UNIFIED CAMPING PARTY

Unity in Diversity

Septia Sri Rahayu & Dina Fuji Utami
Special Olympics Indonesia

The Problem

1. Almost the Youth in South Kalimantan love travelling. But, the Youth with ID can not release their passion to travelling
2. The parents of Youth with ID feel worried & can not believe with Youth with ID
3. Youth with ID have must a friend with non-ID

Project Goal

1. Positive learning process to Youth with ID and Youth with Non-ID
2. Abolish the negative stigma to Youth with ID
3. Create a better environment for Youth with ID

If I am able to overcome all these barriers and shine, I believe others with intellectual disabilities like myself will be able to do so too. - Septia



About Us

Septia is a Special Olympics Athlete South Kalimantan Province-Indonesia since 2016. She won 2 silver medals in Bocce at the 2018 Special Olympics Indonesia National Games.

Dina is a Volunteer in Special Olympics South Kalimantan Province. She love to join and to get involved in social activity.



Our Activities



Project Goal

Camping Party

- Campfire
- Pyrometec
- Arts
- Bocce Party
- Kalimantan's Stone Handicraft Short Training

One Day with Youth of ID

- Talkshow
- All In One Sport
- Bocce Training
- Video Interview

Videos & Photos Competition

- Theme: Diversity in Ability

- The project will take a place in Banjar Regency, South Kalimantan
- The participants are high school students, college students and community.



Our Impact

1. Understand each other and become together as one as family
2. Learn about Youth with ID's life
3. Change the negative stigma in society
4. Sustaining the local cultures by travelling and making local handicraft



Contact

Septia Sri Rahayu
septiasri rahayu97@gmail.com
 (+62) 831-3561-5376
[@septiasri rahayu](https://www.instagram.com/septiasri rahayu)

Dina Fuji Utami
dinaafujiutami@gmail.com
 (+62) 896-0887-1802
[@difumi](https://www.instagram.com/difumi)

Acknowledgments

We would like to thank Septi Aryanti as our mentor for her encouragements, insight, enthusiasm, during this project.



The Problem

The problem of tolerance and discrimination is found in many cases in Indonesia. One area of discrimination is toward individuals with ID. In the framework of the International Disability Day on December 3, we want to hold an event to introduce those with ID to the local community. Around us there are children with and without disabilities who can work together in projects and activities across Indonesia.

Project Goal

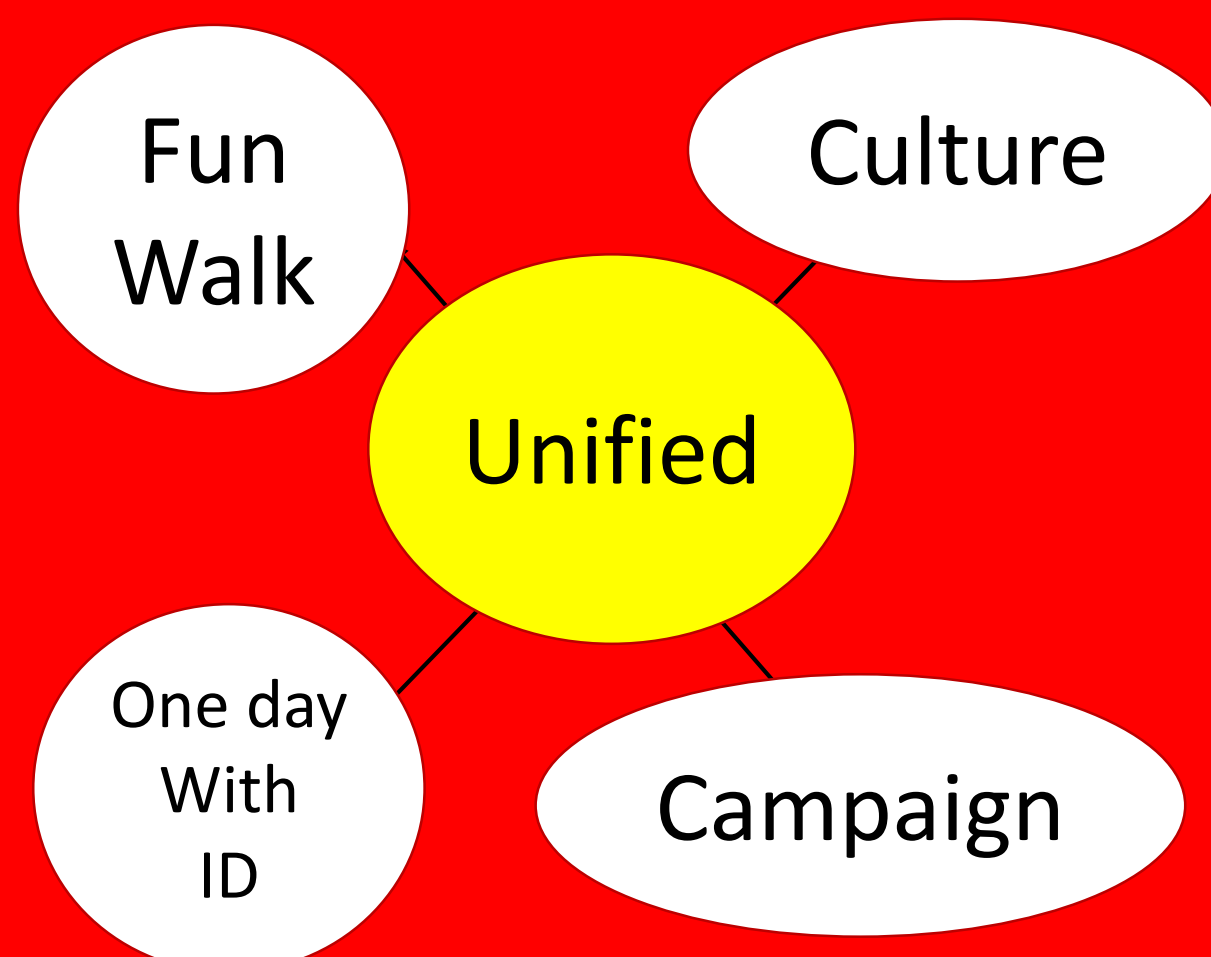
1. Invite Intellectual Disabilities (ID) to be more confident.
2. Invite more youth to make friends with their intellectual disabilities
3. Introduce people with Intellectual Disabilities (ID) to the community and demonstrate their achievements.



About Us

Anjas is a Special Olympics basketball athlete in the special province of Yogyakarta. He won a gold medal in the Yogyakarta Special Olympics Sports Week.

Agung is a volunteer in Special Olympics Yogyakarta, and he is a member from the Youth Activation Club in Yogyakarta and also member from Leo Club Yogyakarta . He wants to stop discrimination toward people with disabilities.



Project Components

Show the achievements of participating in Special Olympics

Fun Walk using batik and camphaign to stop the discrimination and violence about disabilities

Place in Malioboro street : start from Kepatihan Government and finish Vredenburg fortress

The participants are high school students, college students and community members

Our Impact

1. Understand each other and join together
2. Change the negative stigma in society about disabilities
3. Sustain a local culture of inclusion
4. Create new friendships between athletes and partners



We would like to thank Brilliant Hidayah as our mentor and for her encouragement during this project.

Contact

Anjas Rahmat Setiawan

@anjasrmtsetiawan

(+62)895 3786 07774

anjasrahmad288@gmail.com

Agung Prabowo

@agungblackxotic_jr

(+62)81 808 330 880

agungblackxotic@gmail.com

Special Olympics Pakistan

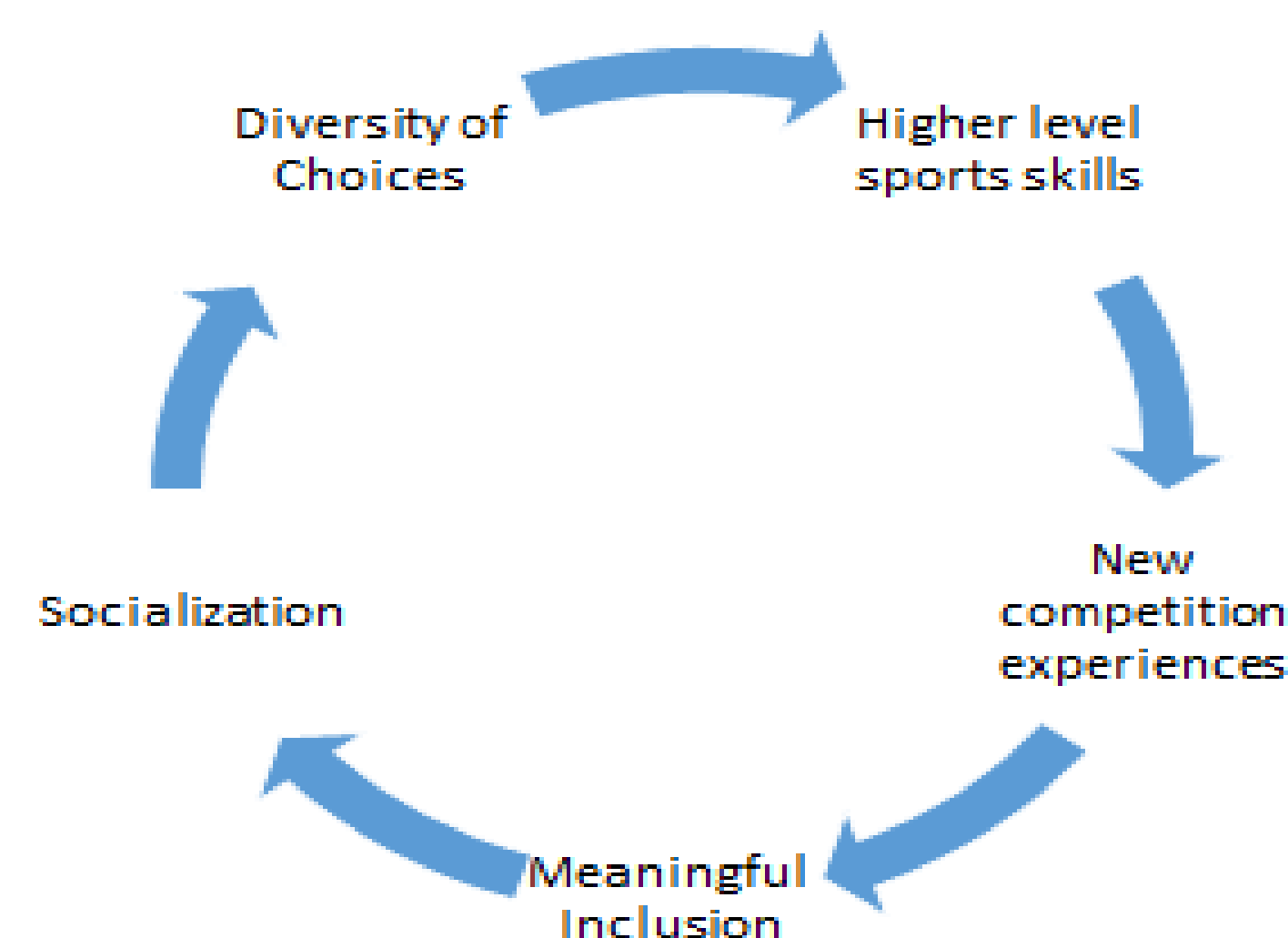
Special Unified Leaders Humayun Qadir, Ahmed Waleed Gill, Husnain Abbas Zaidi



Introduction

The Problem

One of the biggest barriers in our community is establishing and creating a better school experience for students with special needs/disabilities. With the help of **Special Unified Leaders** project, students will learn and develop higher-level sports skills and have new competition experiences. Most importantly, students with ID will be included in community programs and on team events.



Project Goal

The project aims to increase the confidence and involvement of both the students. It will facilitate conversations between individuals, helping others to feel empowered, develop personal goals, establish stronger families and form environments of equality, respect and acceptance.

The Idea

Project Activities

Together with Special Olympics Pakistan and Unified partners we will use this initiative to provide organized sports with well-trained volunteers. We want to empower the organizations to accept differences, discourage stigmatization and provide an equal opportunity to individuals with ID on the field. The project will target 30+ districts from four provinces and activities will include the following:

Awareness Camps

Seminars and Workshops

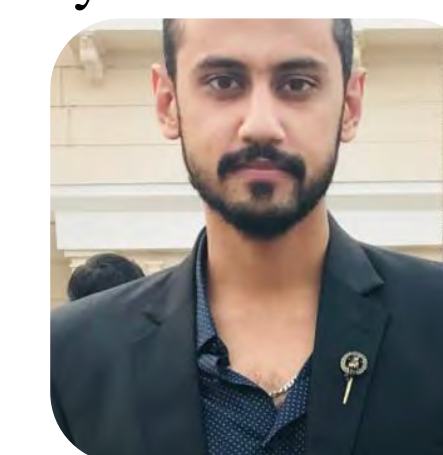
Sports Competitions

Our Impact

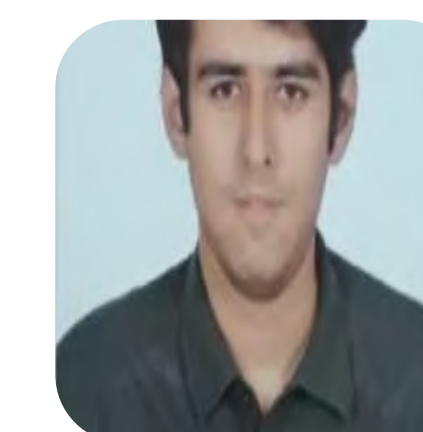
The project will result in establishing and creating a better school experience for students with special needs. In order to make the project sustainable evaluations will be conducted by the team after every 8th week in which the partners will be visiting. Through detailed meetings and written evaluations, data will be gathered and evaluated, then suitable recommendations will be provided.

About Us

Ahmed also lives in Lahore, where he has been a volunteer with Special Olympics since 2012. For Ahmed, his experience with Special Olympics has been an opportunity to learn and grow. He is motivated to bring the positive impact it has had for him to even more young people with and without intellectual disabilities. **Hasnain** will be attending his second Special Olympics World Games. He competed as a swimmer in the 2011 in Athens, Greece, where he won a silver medal and a bronze medal. His experience in Special Olympics has made him a more confident and independent leader and now he is committed to using those skills to create similar opportunities for people with ID and make his community more inclusive.



Ahmed Waleed Gill

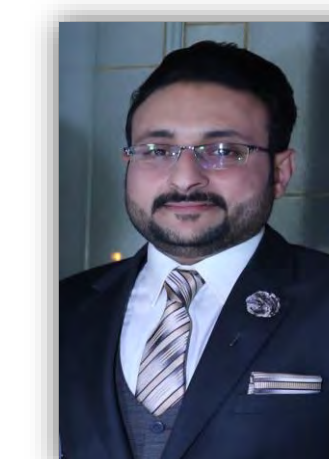


Husnain Abbas Zaidi

Contact

Humayun Qadir

Adult Mentor /Special Olympics Pakistan
Cell: +92-321-4367977
E-mail: hq_1984@hotmail.com



Acknowledgments

We would like to express our special thanks of gratitude to Humayun Qadir (Project Mentor) for his encouragement and motivation.

The Problem

People with ID do not get equal employment opportunities due to lack of awareness in the community.



Project Goal

1. Employment opportunities for youth with ID.
2. Changing the social perspective about youth with intellectual disabilities.
3. Creating harmony in the society and creating a Unified Generation.



Project Activities

EATOO! Will be started merely in the form of a food cart in coming time under the banner of Unified Generation. Together with Unified partners, we will take this initiative to empower youth with ID because of the unemployment issues in the country. We want to set an example for other businesses to lose their fear of hiring people with intellectual disabilities and see how successful differently abled young entrepreneurs are and offer opportunities make an impact in life

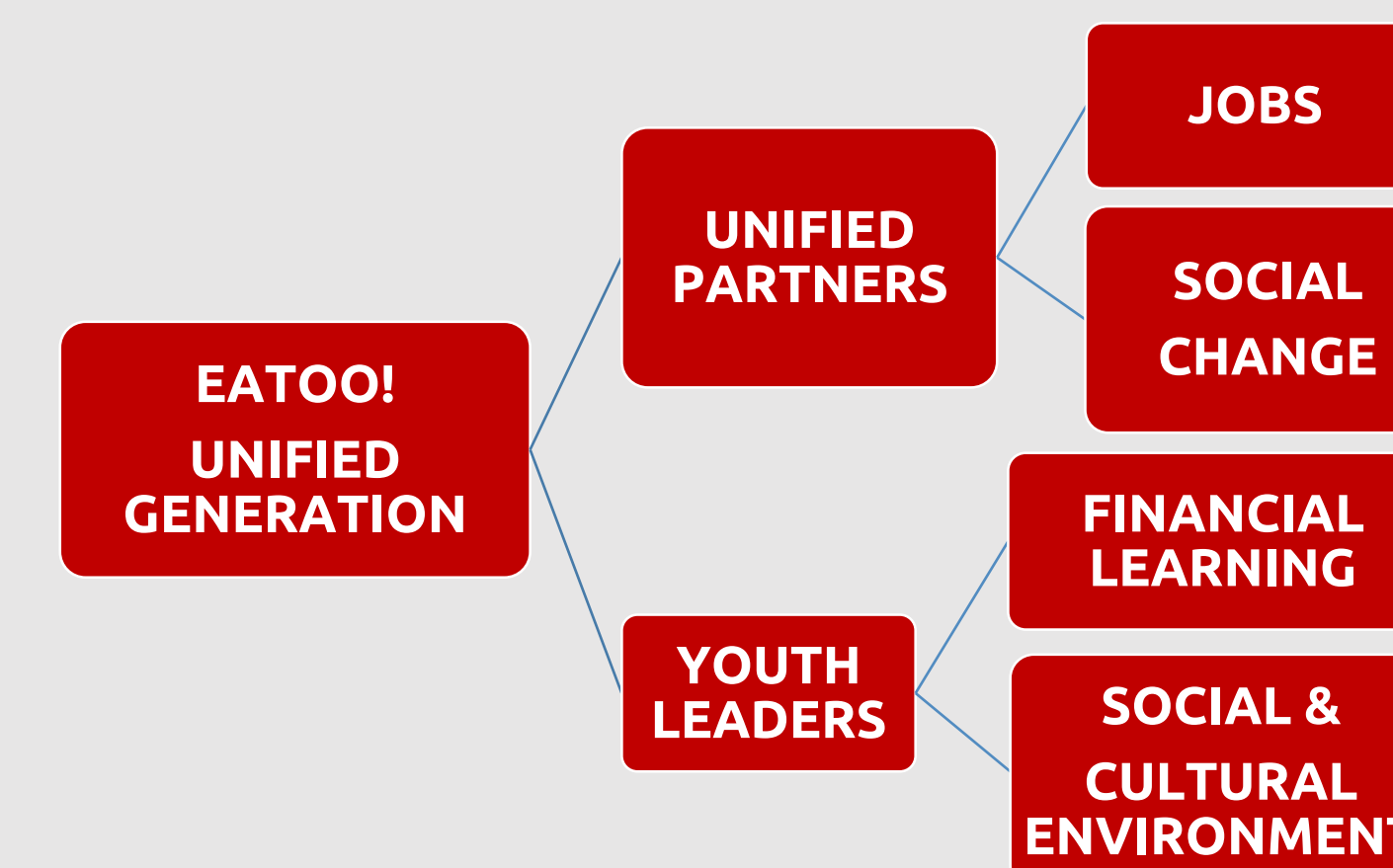


The Impact

EATOO wishes to create more employment opportunities for people with ID and expand all over Pakistan. It's not about selling food only rather it's more about introducing the social perspective of Unified Generation. EATOO will relate directly to the Special Olympics core principles and standards and to the outcomes in the National Youth strategy.

THE UNIFIED TOOLKIT: Their practice and the indicator checklists have been set into key steps of youth work to demonstrate how inclusive practice will be evident and measurable in everyday youth work.

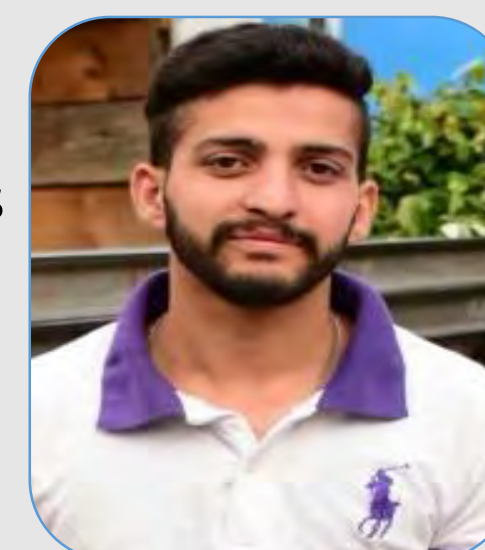
We promise a whole different experience once you will enter in EATOO premises, you will surely immerse in Unified culture like never before.



About Us

We inaugurated **EATOO**, along with Special Olympics team, as a food court in a Festival. This business is differently-abled as we turn disabilities into abilities by providing employment opportunities to other differently-abled people across the country.

People loved our idea and appreciated much and raised their voices in the favor of Unified Generation!



Unified Partner
Muhammad Hamza



Youth Leader
Sameer Ahmed Khan

Contact

Muhammad Ali Khalid
Adult Mentor /Special Olympics Pakistan
Cell: +92-341-5008757
E-mail: malikhalid.edu@gmail.com

Acknowledgments
We express our special thanks of gratitude to Muhammad Ali Khalid (Project Mentor) for his encouragement and motivation.



The Problem

In Singapore, mainstream education and Special Education are segregated. Although there are students with special needs in mainstream schools, a majority of person with ID are in special schools. There are initiatives and events that attempt to bring students with and without disabilities together. However, these attempts tend to be unstructured and dependent on a person in the school advocating for inclusion.

Project Goal

Through commitment to the program, we hope our extended interactions will provide opportunities for people of all abilities to come together to build friendships and understand inclusion.

Using sport as a common language, we want to dispel misconceptions and bridge the social distance between individuals with and without intellectual disabilities.



Florence and Aliyah emceeing at Team Singapore Send Off Ceremony Photo Credits: Wallace Woon for Special Olympics World Games Abu Dhabi 2019

About Us

Florence has been involved with Special Olympics since she was very young. She is currently the captain of her school's Bowling team, an athlete leader for Special Olympics Singapore, and a Special Olympics Health Messenger.

Aliyah has been involved with Special Olympics since 2017, volunteering actively in the Badminton Outreach Sports Program and Young Athletes Program. She has recently become involved in the Athlete Leadership Program as an Inclusive Youth Leader.



Contact

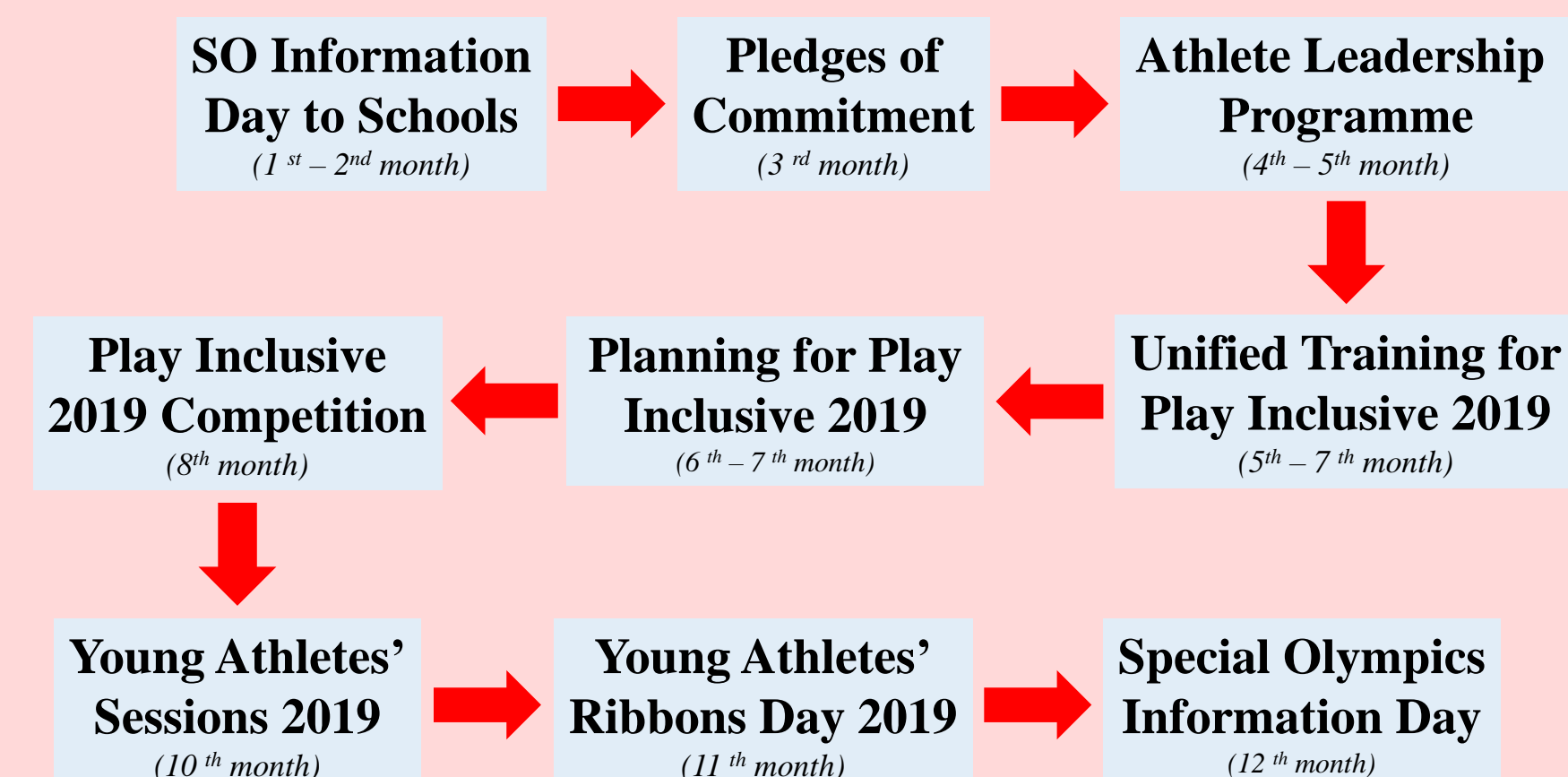
Special Olympics Singapore
admin@specialolympics.org.sg
www.specialolympics.org.sg
FB: SpecialOlympicsSingapore
IG: @SpecialOlympicsSg

Acknowledgment

We would like to express our greatest appreciation to our mentor, Shirley, whom has guided us every step of the way, steering us to becoming better leaders.

Project Activities

- Our aim is to establish St Anthony's Canossian Secondary School (SAC) as a Unified Champion School implementing activities in the 3 components.
 - Through **Unified Sports®**, SAC's co-curricular activities will be invited to Special Olympics Singapore Outreach Sports Program where they will train and play in the Unified Sports® Player Development model.
 - Via **Youth Leadership**, we aim to engage SAC students to an Inclusive Athlete Leadership Program where curriculum such as public speaking, personal grooming and events management will be taught.
 - Establish SAC as a Unified Champion School through **Whole School Engagement**, a campaign titled 'Pledges of Commitment' will be sphere headed during the Special Olympics Information Day.



Project Activities Schedule of Events.

Our Impact

Through this project, we hope to:

- Build awareness, promote inclusion and increase advocacy for persons with intellectual disabilities.
- See continued participation among youths engaged in special needs community.
- Empower youth and athlete leaders to carry on the legacy of a Unified Generation.



Unified Basketball at Play Inclusive, Singapore's inaugural Unified Competition Photo Credits: SportCares Foundation

Special Olympics East Asia



Shanghai China

Be-together Star Unified Floorball Club

Jindong Yin & Victoria Chi



Introduction

The Problem

- lack of familiarity and deep understanding between youth with and without ID
- lack of platform to communicate and play with each other on regular base between youth with and without ID
- limited youth involvement in the SO Unified Movement



Project Goal

- Develop a habit of regular physical training for athlete, keep it during athlete's whole life
- Build a platform for youth with and without ID to communicate, get closer to know, and play with each other. They can join anytime.
- More media exposure to promote inclusion and the SO Unified Movement.



The Idea

Project Activities

- Be-together Star Unified Floorball Club is held in Shanghai, China
- ◆ First club team trial in Pudong Special Education School in 2018
 - ◆ 2 more teams in other school and community in Shanghai by 2019
 - ◆ Who involved: special need school, Athlete leaders, Unified partners, normal floorball club, coaches



Our Impact

150 participates engaged in the project: Generate deep understanding on inclusion, establish the value of equality, respect between youth with and without ID

5-10 schools engaged in the project

Let athletes to be wholly inclusive in community after school and on daily base.

300-500 youth and their parents engaged by the project for higher awareness and willingness for the inclusion.

Evaluating the project:

- Survey and interview
- Number of participates

Sustainability:

- Regular weekly training course during weekend or weekday, full charge for players without ID and partial charge or seek sponsorship for players with ID.
- Media impression through social media and floorball website

About Us

Victoria founded and chaired "Be Together" SO unified club in 2016. She is a leader of the SO Unified Movement. She has been keeping trying to encourage more teenagers without ID to get to know the kids with ID, to accept them and grow with them together. She believes everyone should be viewed equally and respected without any prejudice.

Jindong Yin is from Shanghai Pudong Special Education Scholl. He is always smile with positive altitude. He has a dream to have a unified floorball club to help all players with ID enjoy a normal life just like counterparts in regular school. He is a leader of the SO Unified Movement.



Contact



Xiumin Chi (Victoria)
victoriac0448@gmail.com
0086 18602189333

Jindong Yin
1153527656@qq.com

Acknowledgments

We would like to thank Mr. Sun Yuanjie for his encouragement, insight, enthusiasm during this project.



Special Olympics East Asia

PPS Plan

“Join hands and shine together”

Ni Che and Weile Chen



The Problem

1. Few people actively pay attention to people with intellectual disabilities.
2. It's difficult for youth Unified partners who had been involved to maintain their long-term relationships.

Project Goal

1. Promote fitness with Healthy Athletes Program and Unified Sports.
2. Attract more youth Unified partners and volunteers to join us.
3. Create and keep more long-term Unified friendships.



Let's smile for the cameras!

About Us

Weile Chen and Ni Che have been good friends since 2017. They participated together in SOEA Unified Youth Leadership Training Camp and Global Unified Youth Exchange of Special Olympics Program. They have shared their long-term stories to quite a few students and teachers. Next year, they'll work together to implement their project.



Contact

Ni Che & Weile Chen
niche1996@163.com
65196118@qq.com

Acknowledgments

We would like to thank our project mentor Ke Li for his insight, encouragement, enthusiasm during this project.

Project Activities



Healthy Athletes Program
Health Screening
Family Healthy Forum

Physiological



Unified School Activities
Unified Sports
Bi-directional Unified class

Physiological



Social Unified Activities
Intangible Cultural Heritage
Handicraft Workshop
Vocational Training

Society



Besides “PPS”, we'll publicize Special Olympics by “SO cinema”, garden party, cultural festival, etc.



Wenzhou, China



Special Olympics Club members, athletes, adult mentors, volunteer doctors, coaches, etc.

= INCLUSION

Our Impact

An increasing number of people will pay attention to the ID and reduce social discrimination against them. Through the project, youth partners with their most sincere language and action are able to affect their friends, peers, and family members. Our SO Club will be larger to do more creative activities.



- ✓ 300 Unified partners and volunteers participate in our project
- ✓ 100 Special Olympics athletes benefit from the Healthy Athletes Program.
- ✓ 2000 people have read articles related to our project.

Special Olympics East Asia

UWC X Special Olympics

Yanbing Xia(Selina), Shenlei Cao an Jiayi Zhuang



Introduction

The Problem

United World Colleges (UWC) is a reputable global education movement that makes education a force to unite people from different cultures for peace and sustainable future. Inclusion is one of the most important UWC features and it fully embraces the spirit of Special Olympics. UWC has 17 branches around the world, many of which are located in areas that lack community support most. One of the UWC missions is to bring more changes to the community, which fully fits the goals of Special Olympics.



Since UWCs globally are all influential education institutions, if they can take the lead and join the Special Olympics, then many other schools in that area can also get to know SO more.

Project Goal

- Engage more youth leaders worldwide to the Special Olympics movement
- Increase global awareness of Special Olympics
- Bring unified activities to areas in need and bring friendship and inclusion to more kids with special needs

The Idea

Project Activities

- Unified Activities, Weekly
 - @Special School at Changshu
 - 10+ Unified partners, 10+ athletes, 3-5 youth leaders
 - Sports + Arts
- Big Sports Meeting, once per semester
 - @United World College & Special School at Changshu, alternatively
 - 100+ Unified partners, 50+ athletes
- Social Media Promotion
 - WeChat Official Account, Facebook, Instagram

Spring 2019: Establish UWC Changshu as a new Special Olympics Unified School + Invite experienced teachers like to do training sessions

Fall 2019: Conduct weekly unified activities at special school + a big sports meeting per semester at UWC Changshu

Fall 2019: Post the Unified activities on UWC official social media + contact UWC international board to inform and promote this campaign

Our Impact

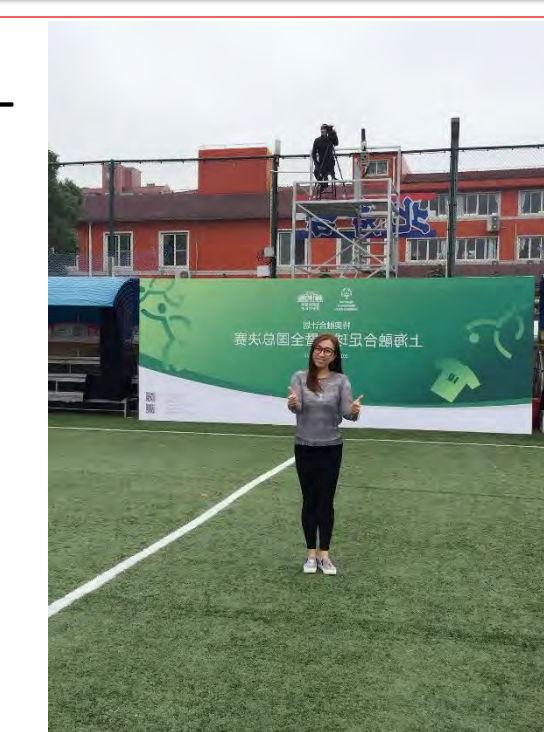
- At least 1+ Unified School will join the Special Olympics
- At least 5+ new youth leaders will be trained and
- At least 30+ Unified partners and 20+ athletes will take part in the regular Unified activities
- Global awareness of Special Olympics will increase due to UWC's reputation

About Us



Yanbing Xia(Selina)
Youth leader
5 years @ SO

She organizes two unified studios, and does speeches about SO at 20+ schools.



Jiayi Zhuang
Special School teacher
15 years @ SO

She coaches handball, basketball, football, and floorball, etc.



Shenlei Cao
Athlete
4 years @ SO

He has won basketball and golf medals, and he is keen on painting.

Contact

Yanbing Xia (Selina)
Mobile: +86 15221776536
E-mail: ybxia18@uwcchina.org
Facebook: Yanbing Xia

Acknowledgments

We would like to thank for staff from SOEA, **Freda Feng, Daisy Cao, Tracy Li, and Farrah Chang**, our adult mentor, **Jiayi Zhuang**, and our project supervisor at UWC Changshu, **Tingting Feng**. I own the greatest appreciation for all of you that have guided us, encouraged us and supported us during this project.



Introduction

The Problem

- People treat people with disabilities poorly.
- People feel others with ID are lamentable.
- Public is unaware of how to accept others with ID.
- People will refuse to work with individuals with ID because they think it is troublesome.



Project Goal

- Through daily activities, everyone can get to know each other, partners can understand the dilemmas in various situations encountered by people with intellectual disabilities.
- Through certain activities, people will understand that those with intellectual disabilities can contribute to society.
- People with intellectual disabilities can be very powerful if they practice again and again.

The Idea

Project Activities

The “food” map of Chiayi (Taiwan)

- Inclusive members: 15 Youth Leaders, 10 Special Olympics athletes, and 20 workers



1. **Archery experience:** Shows the capabilities of all
2. **BBQ:** Prepare a meal together
3. **Spend the Evening Together**
4. **Mission Challenge:**
 - Each group draws to decide which item should they buy (such as turkey rice, folk geese, drinks, pizza, etc.)
 - Estimate the amount of money they need and which transportation they will take and submit their budget plan.
 - Each group will have staff to assist in recording the process
5. **Enjoy meals & create documentary**
6. **Discuss the film and how this process will change inclusion across the country**

Our Impact

- People can learn more about how to create a more inclusive society
- Observations from the public will change their attitudes toward people with ID
- Continue engagement in the future

About Us

Yu Cheng is a Special Olympics athlete who has a passion for sports, especially basketball. He loves training and participating in competition season. His goal is to increase his mobility and show his strength and skill. During the Summit, Yu-Cheng hopes to share his stories of overcoming adversity to increase inclusion with others and encourage his peers from around the world to join the Unified Generation.

Meng Fang recently graduated from National Chiayi University where she studied special education. Meng Fang has gained a better understanding of inclusive education through cultural exchanges in the USA and Unified events.



Yu-Cheng Kuo



Meng-Fang Lu

Contact

Meng-Fang Lu
lufangmeng54@gmail.com

Ying-Huei Wei
z042@mail.cy.edu.tw
www.soct.org.tw

Stories & Facts about Hong Kong

- 0.8% of school age children make up the population
- Sexual abuse of ID children still happen
- There are laws in place, but these need to be followed with action
- People easily misinterpret intellectual disabilities into mental illnesses



The Mission

To **LINK** between people with ID and the society:

Leadership Development

Inclusive Society

Navigate our Next Generation

Keen to Learn and Participate

Our Goals

- Encourage participants to provide opportunities to help individuals with ID build confidence and self-esteem
- Create an inclusive society
- Teach respect for all things and everyone around us
- Encourage more youth to participate
- Improve communication skills

The Impact

- Respect and appreciation for others
- Athletes gain self-esteem from the activities
- Friendship and sportsmanship

Introduction of Youth Leaders

Chan Ngo Hin (Keith)

Loves to participate in different activities, especially in running.



Kam Chung Man (Duck)

Assistant S&C coach in HKSAPID and loves outdoor adventure activities.

Upcoming Events



Interested in our project?
Find more information through
Facebook here!

More coming soon!



Acknowledgement

Special thanks to Mr. Bee Wong, our mentor who gave us a lot of support, ideas and feedback.
Last but not least, thanks to Special Olympics which has provided us a great opportunity to share our ideas.

Introduction

The Problem

According to our informal survey in Macau showed that over 70% of teenagers who do not have experience with "Unified" events or have worked with people with intellectual disabilities. Unfortunately, there are total 77 schools in Macau but only 3 of them cooperate with SOM as Unified Schools. Schools are severely lacking inclusive youth activation, promotion, and education in Macau local school.



Project Goal

1. Promote the message of "Unified Generation" and increase the interaction platforms between youth with/without ID.
2. Develop a long-term relationship with new youth and Unified partners from the project.
3. Engage the new youth leader and Unified partner by involving them in the project.
4. Have more public awareness of people with intellectual disabilities people in Macau and for Special Olympics.

The Idea

Project Activities

Art is an easy and fun way to inspiring people with/without intellectual disabilities, inciting new cognition on "inclusion" and fulfill the mission of SO. We decided to create a project which is divided into two main parts: Unified Handmade Artwork and Dancing workshop and a Unified Art Carnival.

Unified Dancing Workshop



Unified Art Carnival



Unified Handmade Artwork



Our Impact

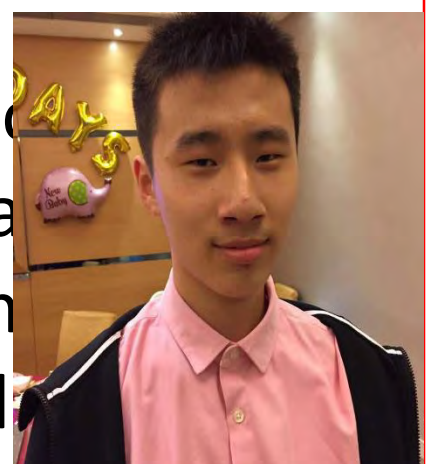
1. Decrease discrimination and promote "Unified" message through art.
2. A. number of youth participants reach: 500
B. number of support signature reach: 100
C. more than 2000 views and 200 likes on social media platform
3. The Unified dancing team will demonstrate their performance in the future.

About Us

Michael is 16 years old and study at Pui Va Middle School in Macau. He has been involved with Special Olympics for 1.5 years as a Unified partner and youth leader. Michael has joined SOM Unified Sports Program and participated in the 2018 leadership forum in Baku.



Kenny is 18 years old and studies at Escola Luso-Chinesa Técnico-Profissional in Macau. He has been involved with Special Olympics for 2 years as an athlete and youth leader. Kenny has joined different SOM Sports Games and SOM Youth Program.



Contact

Michael Chao
michaelchao47@gmail.com

Kenny Fong
kennyfong400@gmail.com

Acknowledgments

I would like to thank Alan for his encouragement, insight, enthusiasm during this project.

Special Olympics Europe Eurasia



Special Olympics
Bosnia & Herzegovina



UNIFIED SPORTS MOVEMENT

Edna Šunjić, Aldina Husejinović and Sanja Tanović



The Problem

In our local community there are many sport clubs, but none are inclusive. Most sport coaches and club members are hesitant to work with people with disabilities because of their ignorance on capabilities of people with disabilities. Prejudice on the abilities of people with disabilities is still strong and present a barrier towards inclusive sports practices.



Project Goal

This project aims to raise awareness among sport club members, trainers, school teachers, students on benefits of inclusion in schools and sport clubs. Furthermore to influence sport clubs to open their door to members with disabilities. And finally to engage new youth leaders with and without ID to promote Unified Sport and inclusion.



Project Activities

We plan to contact sport clubs (basketball, tennis, table - tennis, football and swimming) in order to organize regular trainings over five months and create Unified Clubs that are open to members with disabilities. To promote inclusive activities, we will use newspapers, social media and TV. During the last six months of our project, we will host a large public event at the high school "Treća Gimnazija," where everyone will get the chance to share their experiences and they show their experiences with inclusive sports.



Edna and her friends, getting ready to preform on EYOF

The Impact

This project will result with inclusive sport clubs, sensitized club members and coaches and new youth leaders to promote our idea of inclusive sports. The local community will be more aware of the needs and abilities of people with disabilities. At the end we will have a list of the sport clubs that invite individuals with special needs to compete and work to create adaptable activities for people with disabilities.

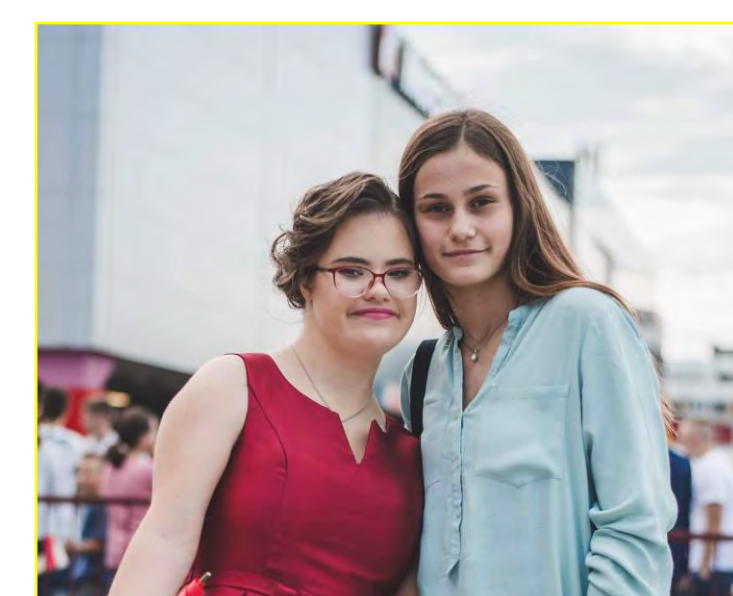


Edna and Aldina training together

About Us

Edna is a high school student who won 2 gold medals in alpine skiing at the 2017 Special Olympics World Winter Games in Austria. She has also competed and won multiple medals in swimming and table tennis.

Aldina is also a high school student and a member of the cadet swimming selection of Bosnia and Herzegovina. She has volunteered as an organizer of "Oaza Sports Game," a sports competition for people with intellectual disabilities, since 2016.



Contact

Sanja Tanović -
sanjuska1966@gmail.com
+387 61 529 819

Aldina Husejinović -
aldinahusejinovic@gmail.com
+387 61 358 187

Edna Šunjić -
ednasunjic0811@gmail.com
+387 62 253 111

FACING THE WORLD ON STEADY GROUND

Special Olympics
Cyprus

Stylianos Stratigos, Isabella Wassberg Demetriou and
Kyriakos Ioannou



Introduction

The Problem

As a small community, though quite active and willing, Special Olympics Cyprus has not yet trained athletes in all the official sports that SOI offers. In addition, there are times the athletes need an extra boost to feel completely comfortable in a new environment. Taking these two aspects, or “problems” if you may, we aim to combine the two in one, in order to achieve a good result for both, with one action plan.



Project Goal

We aim to improve our athletes’ confidence, self-discipline, self-management and self-respect. These are qualities that any athlete can utilize after acquiring them in order to create more chances for himself/herself to be accepted in a wider society. They will learn to trust themselves and their abilities, become open minded, and overall become more confident.

What better way to achieve all that, than learning a sport like judo?

JUDO as a philosophy, has to offer ancient values and morals which aid in evolving oneself. Training for **JUDO** will help them acquire the skills to independency.



The Idea

Project Activities

- Organize workshops in order to:
- Teach athletes about the values and ethics of the new Sport they will learn (Judo)
- Help athletes understand certain skill names, what they are, and how these skills are helpful life tools
- Organize beginner classes and trainings for athletes as the stepping stone into the world of judo
- Host events with the teaching done by qualified coaches who are experienced in teaching athletes Special Olympics Cyprus athletes, students from mainstream schools, judo athletes from the hosting school, Unified partners, Unified Schools and volunteers will be take part and will all come together for a brighter future.



Our Impact

- We will increase the number of volunteers and Unified Schools/partners
- We aim to put the milestone in introducing a new Sport to Special Olympics Cyprus
- The athletes will acquire new skills and will become more confident, disciplined, self-controlled, and use these skills to carry themselves in society
- Apply and expand such trainings in other schools and sport clubs throughout Cyprus and keep hosting more events

About Us

Kyriakos Ioannou is 25 years old and lives in Limassol. He attends a Private Day Center called 'The House of Marios'. He has been involved in Special Olympics for 10 years as an athlete and as a member of the SO Cyprus Youth Committee. He is very interested in inspiring and helping other athletes to engage in sports and other social events and he believes that every athlete has the power to change the social environment he/she lives in, and create a more acceptable inclusive world.

Isabella Demetriou has been volunteering for Cyprus SO for 5 years now and she is a member of the SO Cyprus Youth Committee. She wants to be part of the Unified Generation because she wants to make a change. All she wants in life is to make everyone feel that they are important, and that everyone matters in this world. It is her burning passion to help people and she has the drive and willingness to be a part of this. She wants to help in the Unification of the world and stop any discrimination against people with intellectual disabilities.

Stelios Stratigos currently works as a Mechanical Engineer. He is also an athlete and a coach of judo. He has been involved in Special Olympics as a member of the SO Cyprus Youth Committee and the Volunteer Committee and he is very enthusiastic. Through his role as a coach he tries to inspire athletes with intellectual disabilities to find their way through their love for sports.



Contact

For Costas Constantinou
info@specialolympics.com.cy

Irena Zannetti (Project Leader)
eirinizannetti@gmail.com

Acknowledgments

We would like to thank the JUDO School in Nicosia, Cyprus and its coaches for offering to host our project and support us in many ways.

Introduction

The Problem

We feel that Special Olympics isn't as known as it should be in Finland. People, especially the youth, should know more about Special Olympics and what it has to offer. We should have more Unified sports clubs, schools and youth leaders!



Project Goal

Our main goal is to increase the knowledge about Special Olympics in Finland. We hope to engage new youth leaders and activate schools and sports clubs to initiate and develop inclusive activities at local level

The Idea

Project Activities

- We will visit different schools, universities and sports clubs to share information about SO and it's possibilities.
- Our project will take place in fall 2019 in Finland, especially in Tampere and Jyväskylä.

8/2019

Contacting schools/universities etc.
for visits

9-11/2019

Visiting schools/universities etc.
→ Increasing knowledge about SO

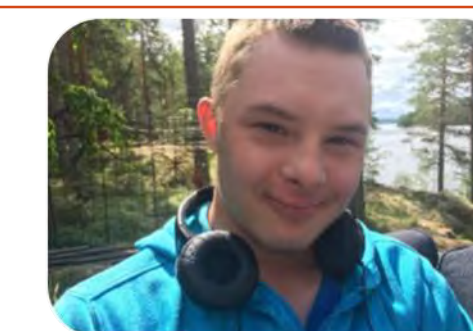
Spring 2020

New youth leaders, new Unified
Schools and sports clubs!

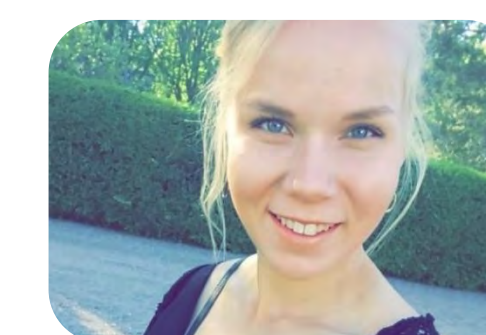
Our Impact

- We hope to get new youth leaders involved with Special Olympics. We also hope that more Unified activities will be started in schools and sports clubs around Finland.
- We will follow up the schools and clubs later by contacting them and asking if anything has changed since the last time we visited.
- Engaging new youth leaders will ensure that the positive effect will continue in the future. The more there's knowledge and active SO agents, the more there will be ACTION!

About Us



Eliel: I'm 20 years old student from Tampere, Finland. I'm studying household and cleansing at Luovi vocational school. I am competing in athletics in international level and I have many other sports as hobbies. I love sports and I think it belongs to everybody.



Anni: I'm 24 years old student from Jyväskylä, Finland. I'm studying physical education, adapted physical and health education in University of Jyväskylä. Sports have been always close to my heart and I believe that everyone should be able to enjoy sports. Kids and youth are the future, so let's make the future great together!

Want to hear more?

Contact:

Anni Lindeman

anni.lindem@gmail.com

Acknowledgments

We would like to thank Lila Nikkola, our mentor, for her encouragement and enthusiasm during this project.

We'd also like to thank Finnish Sports Association of Persons with Disabilities, especially Riikka Juntunen, for encouragement and mentoring!

Youth Expert Committee & Working Groups

Special Olympics
Germany

Luca Wernert, Florian Mausser and Julius Seidel



The Problem

We want to initiate and develop **various sport projects** in all states of Germany. These projects can be any kind of sport groups or events, depending on local circumstances, organized by **state working groups**. All working groups are connected to the **national expert committee**. This committee collects and distributes experiences, concepts and know-how inside the topic of youth engagement.



The Goals

- Initiate various sport projects
- Involve youth leaders and athletes
- Identify national youth expert committee

Project Activities

- Each state has a **self-organized working group** consisting of Youth Leaders, students, teachers, trainers and other interested people. Those working groups build up projects in suitable surroundings in their states.
- The youth expert committee will develop collaborations with organized youth-focused initiatives inside the country.
- Regular national meetings will provide an opportunity to exchange experience and ideas.



The Impact

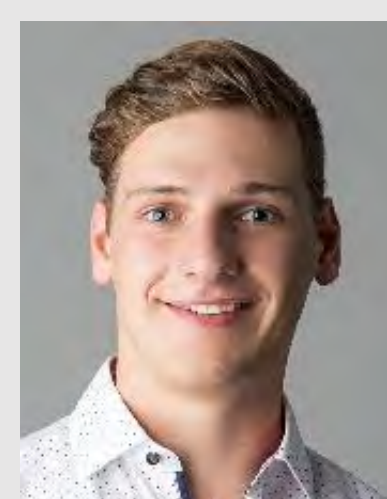
- Inclusive sport events in various German states
- Exchange of ideas and information in the national expert committee
- Teams of teachers, students, trainers, etc.
- Flexible organization depending on local circumstances
- Inclusive working groups in each state
- And: **Be active and have fun together!**



About Us



Luca Wernert



Florian Mausser



Julius Seidel

Contact

luca.wernert@specialolympics.de
florian_mausser@outlook.de

facebook.com/SpecialOlympicsDeutschland
facebook.com/florian.mausser

<https://specialolympics.de/>

The Problem

The educational system doesn't provide students in universities enough information about the role and goals of inclusive leadership in communities.

Project Goal

We will organize daily activities, Unified games, presentations to increase the number of volunteers, coaches, Unified partners and Youth Leaders. We will visit universities and organize presentations for Special Olympics. Then we will create Youth Committee, which will offer services for local programs. After this we will organize Unified games in each University. We will organize a Youth Unified Tournament with the members of each Universities.



About Us

Panagiotis Stefanidis is a Physical Educator and Special Olympics Hellas Coach since 2012. His expertise is with people with disabilities. He offered his services as a coach in Special Olympics table tennis

Andreas Iliakis is Physical Educator and has volunteered with Special Olympics Hellas since 2017. He likes getting involved in projects about Youth leadership

Konstantinos Manolis is a high school student and Special Olympics Hellas athlete in basketball and table tennis



Project Activities

Our team will organize the following:

- Contact with the key personnel in each universities
- Lead presentations at three universities about sports, Physical Education and Special Olympics
- Build a Youth Committee
- Engage in staff meetings
- Host a Youth Unified Tournament



Contact

Andreas Iliakis:

andreas.iliakis@gmail.com

Konstantinos Manolis:

konmanolis01@gmail.com

Special Olympics Hellas:

info@specialolympicshellas.gr

Instagram: Special Olympics Hellas

Linked in: Special Olympics Hellas

Twitter: [@SOHellas](https://twitter.com/SOHellas)

Facebook: [@Special Olympics Hellas](https://www.facebook.com/SpecialOlympicsHellas)

Our Impact

Our project will involve more Youth Leaders in Unified educational programs. Special Olympics Hellas athletes are students and members of community. Youth Leaders will fight together for a more inclusive world. Our philosophy of Special Olympics will be shared to more schools and universities. Our project will be focused on creating a network within the Universities. We will inform students about our project and listen to their ideas on how we can change attitudes and behaviors.

We want to build Youth Committee in each University to expand the Unified Programs throughout the Greece.

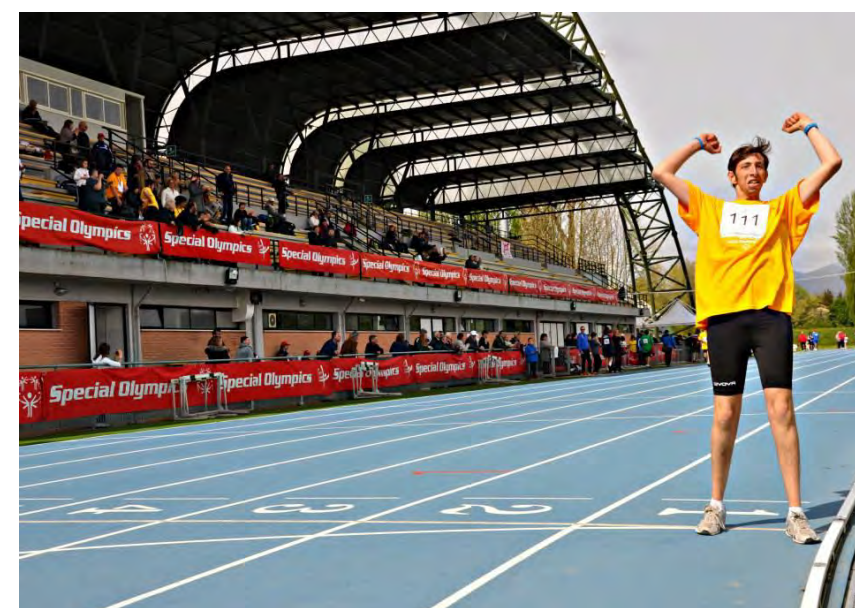
Acknowledgment

We would like to thank our Special Olympics Hellas Committee and Mentor for their encouragement, insight, enthusiasm during this project.

Introduction

The Opportunity

Special Olympics Italy organizes the Winter and the Summer National Games almost . It can happen that, as this year, this is not possible due to the big commitment to take part to the World Games. This situation creates the opportunity to organize “Play the Games”: games of a single sport which involves several regions in the country, but not all of them. There can be a couple of PTGs per sport in the country. Our opportunity is the Play the Games of Athletics that will take place in Rieti, which could help us create awareness in the community and engage with volunteers. The event will take place in a Stadium were 8 World Records have been accomplished, very few places in the World have this honor.



Project Goals

In this project our main focus are definitely volunteers, we can split the target in two main goals:

- We would like to involve as many volunteers as we can from the closer schools in order to educate the younger generation on inclusiveness.
- We would like to prepare Special Olympics athletes to become volunteers during the European Athletics U18 Championship, that will take place in Rieti in 2020.

We are confident that completing these two goals we will make a step ahead in the creation of a Unified Generation!

The Idea

Project Activities

In order to involve the younger generation, we will host several activities that allow us to create a connection with all participants. Our main idea is to use cell phones and social media as a common language to talk about inclusiveness. If we want to be sure in the future inclusiveness will be a priority, we need to use the language of the future.



Volunteers training organized directly in the schools, using language focused on social media, comments, emoji and reactions and the importance of using them responsibly.



Series of contests, in order to challenge the volunteers to be more inclusive in everyday life, such as a video or an hashtag for the advertisement of the event.



Create an Instagram profile for the volunteers in order to share information, opportunities, successful stories and the Special Olympics volunteers pep!



Social Media Corner, carried by volunteers, during the event in order the share, with the local press and the other volunteers, successful stories of living examples of resilience: our Athletes and Partners.



Create an album of cards (baseball cards style) with all the photos of Athletes, Partners, Coaches, Families and Volunteers in order to give a present as a memory of the event.

Our Impact

We aim to increase the number of volunteers present in the region, not only for the event in May, but as more stable support during the entire year. We would like to take part in the education of future women and men of the region, hoping they will be the ones who will be part of the Unified Generation. Our evaluation of the impact will pass through the number of participants to the forum, but the level of engagement from volunteers in the event will also be important. We would try to get feedbacks from them through interviews.

About Us

Luisa Lorè is one of the two young leaders. She is a university student, volleyball partner and dedicated volunteer.

Stefano Mariantoni is the adult mentor of the delegation. He is a teacher, journalist and a long time volunteer.

David Melchiorri is one of the two young leaders, and is a high school student and a football athlete.



Contact

Special Olympics Team Lazio
lazio@specialolympics.it
volontari.solazio@gmail.com
<https://www.facebook.com/soiLazio/>

Acknowledgments

We would like to thanks Stefania Cardenia, Silvia Merni, and the entire Team Lazio staff for their support to our candidacy, as well as Claudia Cofani and Daniele Ricci for their help in the pre-forum, our families (especially David's) to be always incredibly supportive and enthusiast for these kind of opportunities, Dario Angelucci e Roberto Porpurini for the help they gave us making the presentation video.



Special Olympics
Montenegro

We Are Here With You

Darija & Mirko

Introduction

The Problem

There are currently not enough opportunities for people with ID to be included in activities. We hope to create more events that promote all abilities.

Specijalna Olimpijada
Crna Gora



Project Goal

Throughout the project, we hope to accomplish the following goals:

- Raise awareness for people with ID and offer more opportunities.
- Promote Special Olympics and their programs
- Invite new partners to events and to engage in activities with people with ID

The Idea

Project Activities

Promotion of rights and possibilities of youth with intellectual disabilities



Creation of positive environments for Unified Sports



Sharing stories about inclusive opportunities

Our Impact

Because of our work with this project, the following things will happen:

- People with ID will become more visible in society
- Partners will have more involvement in inclusive activities
- More opportunities will be provided for people to join in Unified Sports

About Us

Darija is a student in Podgorica, Montenegro and participates in her school's volunteer club and buddy program, along with Unified Sports.

Mirko recently finished secondary vocational school, where he studied to be a ceramist. He now works for an NGO in Montenegro and continues to participate in Unified Sports.



Darija



Mirko

Contact

Specijalna Olimpijada Montenegro
Stanka Radonjića br.5 Podgorica, 81000, Crna Gora
officecrnagora@gmail.com
+38267001221
+38267000588

TOGETHER FOR A BETTER FUTURE

Special Olympics
Romania

Ioana, Lavinia and Anda



The Problem

- DISCRIMINATION and LACK OF TOLERANCE mainly in mainstream schools where the need of change is still very high.
- Youth can make a real difference in schools through educational and fun events targeted for children with ID. Through this type of events, the children's voices are stronger and the role models can really influence their behaviour.

Project Goal

- Creating inclusive environments for children and youth with all disabilities from Brasov by organising 3 Fun Unified Sports and Inspirational Events.
- Changing the attitudes towards children and youth with ID for 40 youth without disabilities and empowering 45 children and youth with ID to act as agents of change and role models in Brasov.
- Involving 10 coaches and volunteers to be support mentors for the 95 youth children involved in the project

Project Activities



Organizing 3 Fun Unified Sports and Inspirational Events

Brasov, Transylvania
/ Romania

95 children with and without intellectual disabilities



Bucharest Marathon, 2018



National Games 2018
Targoviste

The Impact

- By participating at **Unified Fun Events** youth can make a real difference in schools and through this type of events the children's voices are stronger and the role models can really influence their behaviour.
- Social media impressions, event sign in sheet and metrics achieved will help us on evaluating the project evolution plan
- Structure of events that can be replicated in other schools and towns in Romania



Unified Gymnastics Event, Bucharest, 2018

About Us



IOANA FLAVIA
CAZAN



LAVINIA MIHAELA
DRĂGAN

Ioana is a student in Brasov, a small town in Transylvania, where she has been participating in Special Olympics since 2014. She loves to sing, she is a talented dancer and she also likes to play tennis. Sports have been a powerful personal development opportunity for Ioana and she is committed to being a leader for other Special Olympics participants.

Lavinia is passionate about empowering young people through Special Olympics in Romania with and without intellectual disabilities. She is determined to be an example for others to support their peers, regardless of differences, and to create a world that brings people of all types together through sport.

Contact

Email: mariagolanu@yahoo.com ,
laviniaciumala@icloud.com ,
a.mandru@specialolympics.ro
Website: www.specialolympics.ro

We would like to thank Special Olympics for the support, encouragement and enthusiasm during this project!

The Problem

Society should accept people with intellectual disabilities. It is necessary to show everyone that shortcomings can become features.

Inclusive activation is necessary at every level of our work. From the idea, where everyone takes part (athlete + partner), to its implementation. At the level of the idea, the athlete talks about his needs, and the partner (the leader without disability) helps to formulate the idea, so that it would be interesting for his peers. It is also important to show the community how the inclusion model works by example.

Project Goal

1. To open a new inclusive schools in Moscow
2. Increase the number of places in our swimming school
3. Share our experience of inclusive schools with regions



Photo Maria Rakova SO Russia

About Us

My name is Gleb, I am 23 years old, I am an athlete of the Special Olympic games of Russia since 2004. My favorite sport is swimming. I am a Special Olympic medalist at the games in Los Angeles, a three-time world champion in the Down Syndrome organization, as well as a multiple champion of the Russian Special Olympics in swimming. For me this project is tell about people with intellectual disability and what they can achieve. I think my experience will help other athletes. I will be able to tell them about the movement of The Special Olympics in Russia.

I Ksenia Sokolova partner of Gleb Dyachenko. Together we can implement this project.



Photo Maria Rakova SO Russia

Project Activities

- 1) Unified-football, volleyball matches with celebrities and the media. Inclusive Youth leadership Participation of the whole school during this calendar year in inclusive sports holidays.
- 2) The project will be held in Moscow schools
- 3) School children, athletes SO Russia, students, families with children with ID and without ID, as well as politicians, stars of show business and the media

Our Impact

- As many people as possible learn about the movement of Special Olympics. These people will think about the needs of people with disabilities.
- Number of participants in competitions (creative and photos). Number of materials in the media. Attracting more athletes and partners to the movement of the Special Olympics.
- We will show the project to donors and try to raise funds for this. Let us explain that for donors it is part of a responsible business and a good promotion.



Contact

Maria Rakova and
Elena Lanina.
rakova@yandex.ru

Acknowledgment

I would like to thank (Elena Lanina and SO Russia) for his/her encouragement, insight, enthusiasm during this project.

EDUCATION FOR AN INCLUSIVE FUTURE

Special Olympics
Serbia

Pavle Cvetkovic, Luka Kurcubic and Stefan Zlatkovic



The Problem

Not enough education activities which would improve life style of children with intellectual disabilities.

The Goals

- Raising awareness with young and their inclusion trough different programs in activities of Special Olympics
- Gaining confidence of parents
- Improving quality of life of children with intellectual disabilities
- Talking to older members of the Special Olympics movement
- The best way to brake prejudices socializing children with intellectual disabilities in Serbia is Unified Sports. The last few years in Serbia the Unified movement has grown, bigger and bigger number of young people want o take part in the activities of Special Olympics.

Project Activities

- Workshops focused on Unified Sports and taking part in the same activities
- By organizing a Unified Week with which we can invite more students to participate



The Impact

- Raising the level of tolerance and understanding for the children with intellectual disabilities
- Have youth take part in Special Olympics activities
- Experiences shared on social media and connecting participants in Special Olympics activities and children with Intellectual disabilities

About Us

Stefan and I started our activities on Special Olympics as athletes. As a member of the family in which there was always understanding for children with intellectual disabilities, I always searched for the way to make it possible for children with intellectual disabilities to live better in our society. I am very happy to have the chance to become a youth leader with my friend Stefan and to present Special Olympics Serbia. From the Youth Summit, by connecting with other youth we hope to have a great experience and learn new information. We think that only a set of different opinions, different experiences can lead to true ideas and constructive plans for the future.



Introduction

The Problem

Today the focus is on the obstacles, the problems. Kids with disabilities, especially in the younger ages, are in many ways excluded from one of the most powerful forces in Society: sports.



Project Goal

- TO CREATE possibilities for kids with disabilities to participate in sports.
- TO SHARE the happiness and joy of soccer.
- TO INCLUDE more children, more people, the whole society.

STEPS

- 1: Gets 2 teams in the 3 different age groups 6–10 year, 10–13 year, 13–16 year, 1 for children with intellectual disabilities and one for other disabilities.
- 2: Every team should have one extra coach with some kind of disability.
- 3: In the far future we want all the clubs in the highest soccer league in Sweden have their own youth team with disable players.

The Idea

Project Activities

- Visit schools and institutions- spreading the word.
- Stimulate activity - create excitement
- Influence parents - present the benefits



Our Impact

- Personal growth
- Increased involvement
- The player-coach circle

Project Evaluation Plan

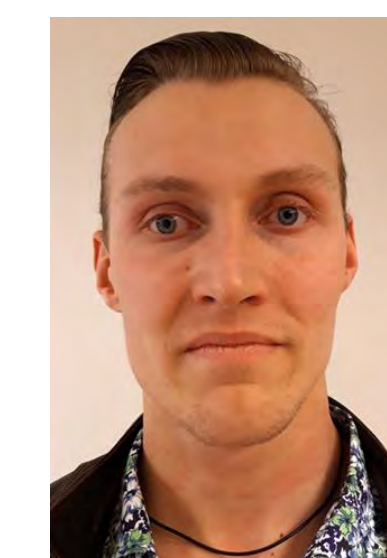
- Social media impressions
- Number of new players
- Number of new coaches with disability
- Articles in the local newspapers
- Number of event

About Us

Isak Langfors is 24 years old and lives in Uppsala, Sweden. He has an education in General Course, Sports & Health at “Folkhögskola.” (Folk High School – upper secondary school level.) In his spare time he is playing basketball in BK Framtiden (basketball club “The Future”) for people with intellectual disabilities.

Olle Ekman is 19 years old. He lives in Uppsala, Sweden, about one hour north from Stockholm. His involvement in the project called Siriusbollen goes back a couple of years, and he loves it. Seeing the kids thrive and develop through the game of football is both fascinating and exciting, and it makes him realize the opportunities that are provided for the ones involved.

ISAK



OLLE



Contact

For contact:

Coordinator:

Git Roxström

Git.roxstrom@gmail.com

+46707898040

<https://www.svenskalag.se/siriusbollen>

Coach:

Ernst Cohen

cohen.ernst@yahoo.com

+46730581433

Special Olympics Latin America



Special Olympics
Argentina

Be Part of the Transformation!

Pablo and Catalina

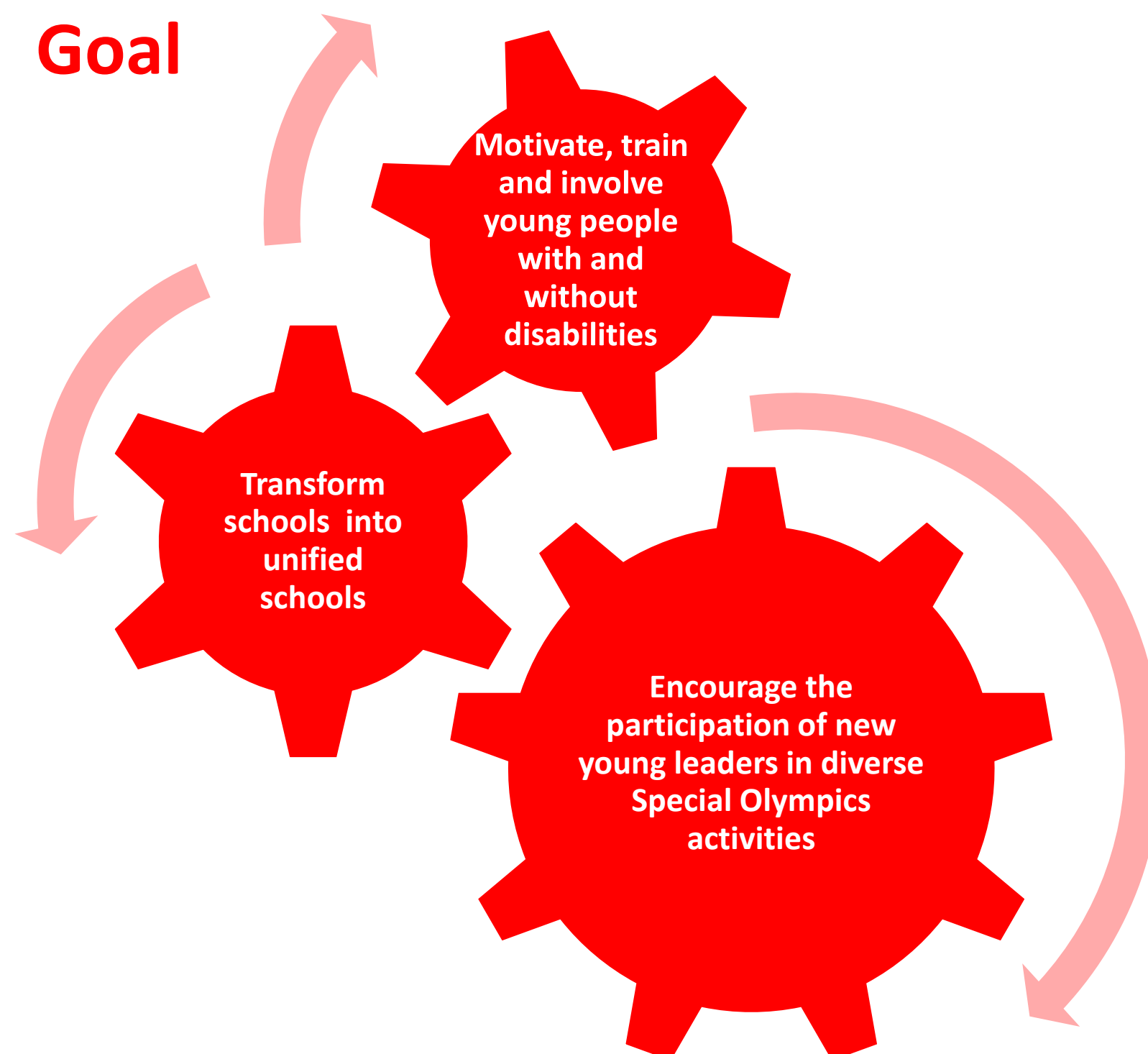


Introduction

The Problem

The main problem in our community is that secondary schools are not deeply committed with the promotion of inclusion. As a consequence, youth leaders are not given the opportunity to be informed about this topic. As a consequence of this, they do not have the correct skills to develop innovative ideas to encourage inclusion.

Goal



Including is not just letting someone in, it is about actively welcoming them!

The Idea

Project Activities

Film debate

Training for young people with and without disabilities in new Unified Schools

Social and recreational meeting for exchanging between the young people trained

Sports tournament for the involvement of new volunteers

Our Impact

100

• People with and without disabilities involved in the project

3

• New Unified Schools

25

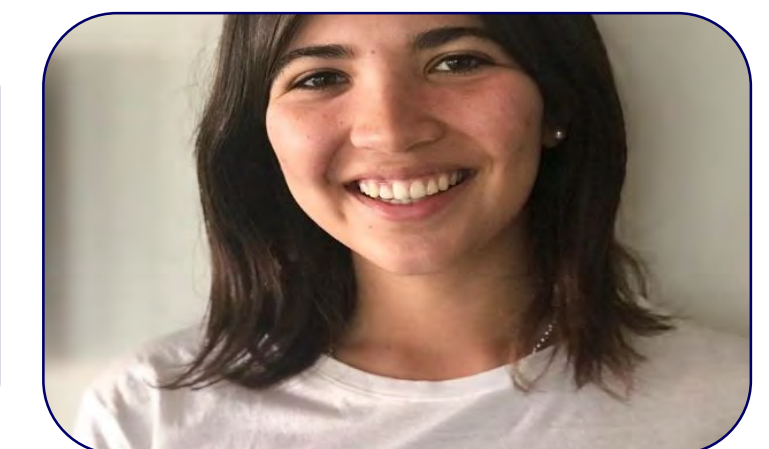
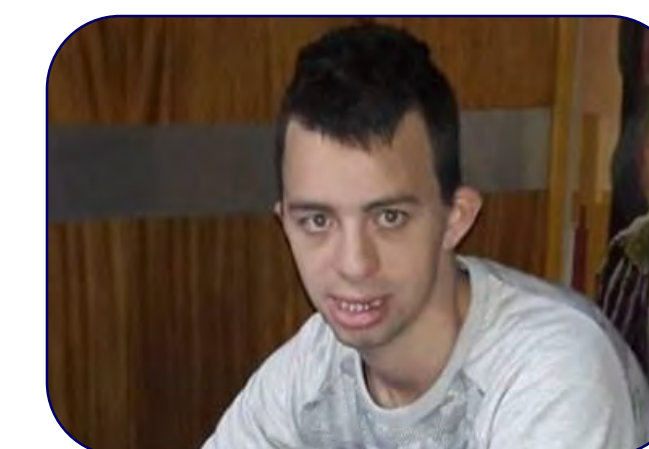
• New youth leaders

With the support of the Lions Club, we will work to replicate the experience in other locations

Through the planned activities we will initiate a space of social transformation for all the actors involved to contribute to a true social inclusion!

About Us

Pablo is a student at Arturo Ilia and an athlete at Crecer Juntos sports school, which works directly with Special Olympics Argentina. Through his favorite sports - swimming and football (soccer) – Pablo has met many great teammates and made many great friends. Catalina is a student at Santo Tomas Secondary School and she has been an active Leo since 2015. With this organization she met the sport school Crecer Juntos where she started volunteering and creating bonds with the athletes.



Contact

Catalina MILDENBERGER - catamilden@hotmail.com
Pablo KALHAWY - tasso.4@hotmail.com
ANA ALOE - anaaloe@olimpiadaespecial.org.ar

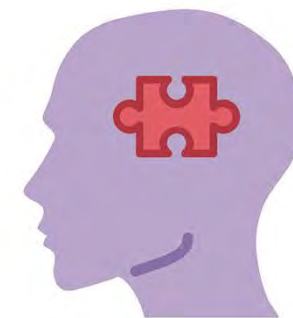
Acknowledgments

We would like to thank our mentor Ana Aloe, and Special Olympics Argentina, who did everything she could for us have this amazing experience. Thanks for supporting, encouraging and helping us. We couldn't be more grateful!

Problem

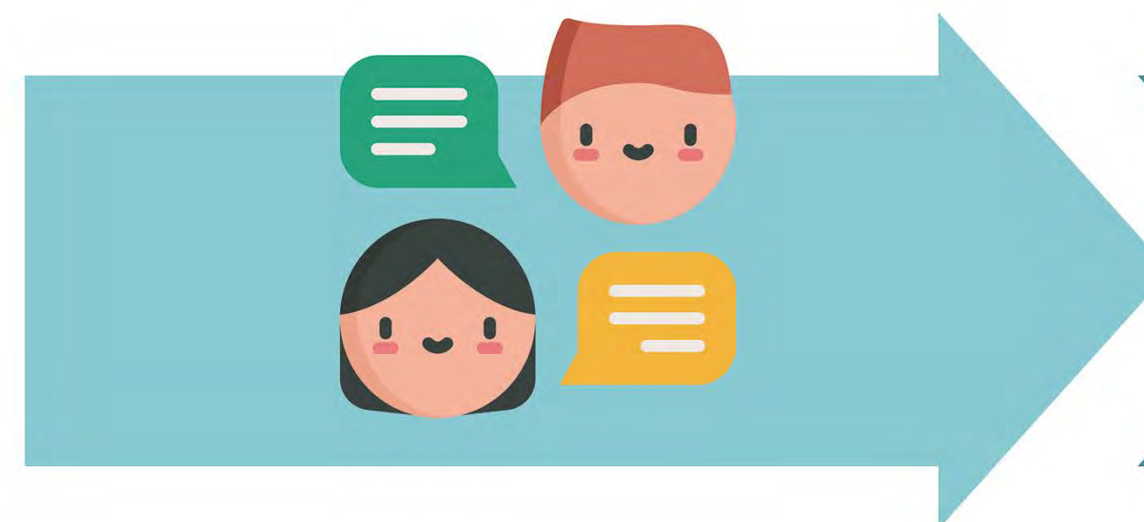


There are few
inclusive schools
in Brazil



People with intellectual
disabilities hardly find
places where they feel
included in Brazil

Project Activities



We will begin with a forum,
which will help engage new
leaders from schools in our
area.



A two-day Unified Sports
showcase where the schools get
together (one day for primary
school, one for secondary).



Interscholastic competition where
schools will organize a track team
and after training, the students will
compete in an Unified relay

Project



Form School Youth Leaders



Improve the relationship
between people with and
without intellectual disabilities



Help change the minds of
individuals through inclusive
actions.

Our Impact



Spread the Word for
Inclusion



Power and Joy through
Sport



Inspire people in
Community to open
hearts to people with ID

About Us



Kaylany (kaylanygimenessilva@gmail.com)

She is 15 and a Special Olympics swimmer, artistic gymnast, and triathlete. Her main goal is to create a healthy discussion about inclusion and how important it is for schools around the country.



Carolina (carolpinsdorf3@hotmail.com)

She is currently studying to become a veterinarian. She is a LEO and also president of District LC-2. In the past, she won an innovative leadership award. Her motto is to “unite and raise awareness”.



We want to thank our mentor
Maria Isabel for all her help
and for making this possible.

Todos pelo Judô

(All for the Judo)

Special Olympics

Brazil



Jorge Adriano and Maria Gabriela Bezerra

The Problem

The youth of Paula Ramos community in face of the few opportunities of leisure, education, job opportunities and culture offered by the state need socio-educational projects that offer efficient opportunities to them.



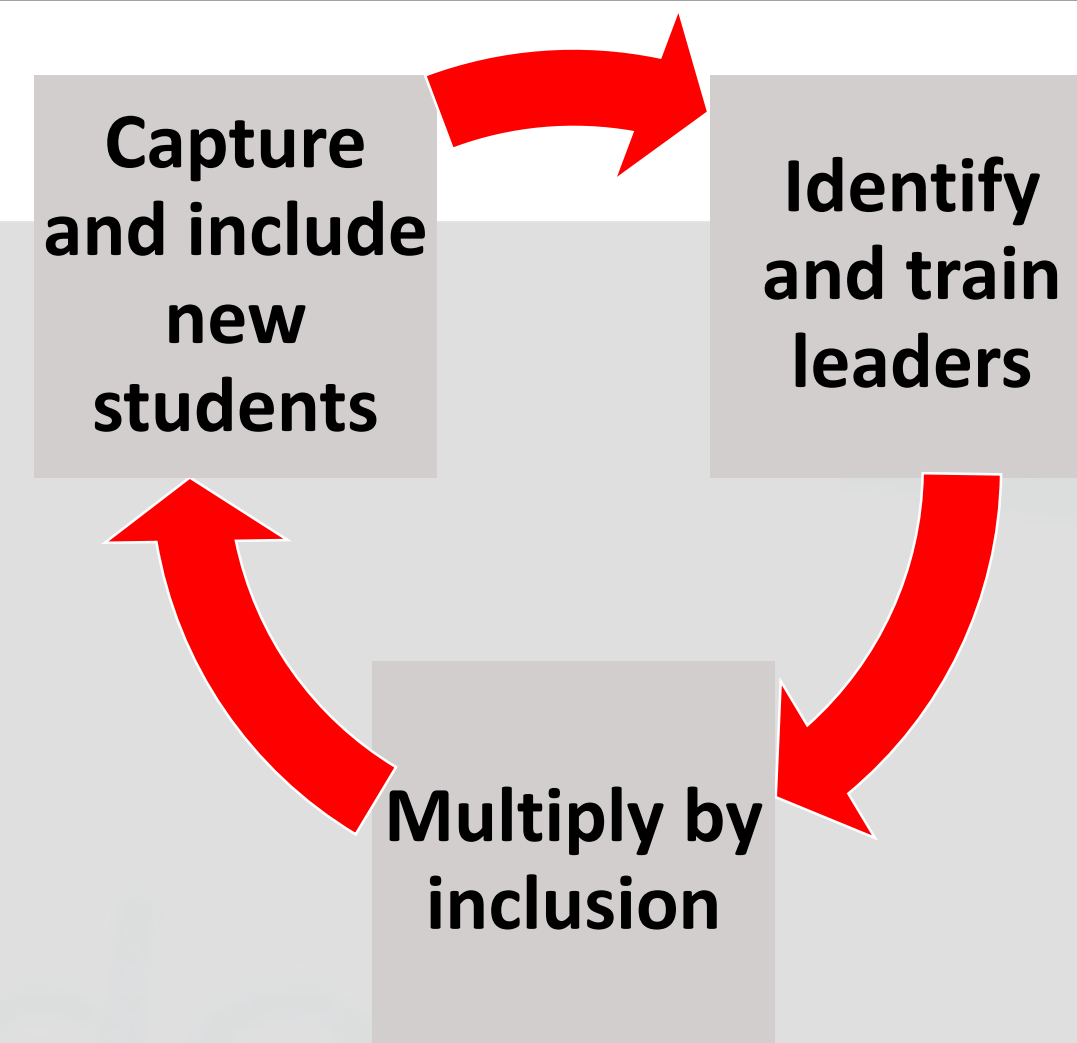
Paula Ramos Community.

Project Goal

With the project Todos pelo Judô we intend to reverberate the goal of the "Apostando no Futuro" (Betting in the Future Project) that is to improve life quality of all who live in the community through multiplying leadership for the participants and providing information and necessary training to develop all activities.

Project Activities

- Announcement and registration to new students
- Start activities
- Display results to the community in one presentation
- Conduct a Belt Exam and Leadership training
- Evaluation of the project impact



The Impact

- Increase participation by 40% in the "Apostando no Futuro Project"
- Identify new students with and without ID to continue advancing with Todos pelo Judo
- Conduct events of integration and inclusion in the community
- Provide information to the families about the inclusive practice of Judo where people with and without ID play and learn together
- Present a transparent project description through social media all project evolution
- Identify new inclusive leaders among new students and give them training

About Us

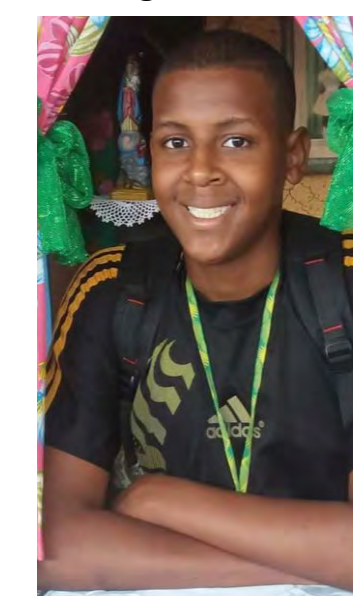
We are youth from Paula Ramos Community and participants of "Apostando no Futuro Project". We want to pass on to the others all the experience we received from "Todos pelo Judô"

Maria Gabriela



Purple Belt

Jorge Adriano



Green Belt

Contact

- adriano.ferreira07@gmail.com
- gabriela.flacelo1802@gmail.com

"They didn't know it was impossible, so they did it"

! THE PROBLEM

The problem is the low awareness of social inclusion within school communities.

The obstacle is the lack of participation of people with and without disabilities in common activities

PROJECT GOAL

The objective is to promote social inclusion of people with and without disabilities through actions created by the team of leaders together. The leaders will be chosen by each school with the intention of providing good inclusive practices.

The goal is for each school is to discover their social communities' shortages and needs. With the guidance of OE Chile, the school leaders will develop a project to promote inclusion within the school, whether it be coexistence, development or recreation related.



INCLUSIVE ART ACADEMY - RIDE DE VUELTA FOUNDATION

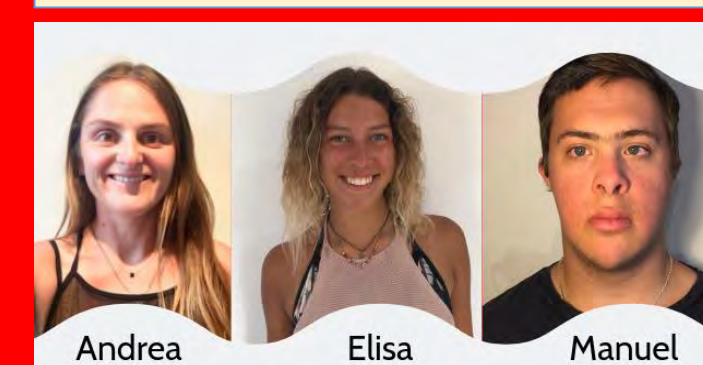
ABOUT US

For us a better world means inclusion, participating together in common activities where each one is a contributor to activities.

I'm **Manuel Franke** and I have Down Syndrome. I graduated school in 2018 and I love sports because I show my abilities as one member of the team.

I'm **Elisa Franke** I also love sports. Manuel and I do snowboarding together and we have a great time together. I am a second year university student studying design because it is something I love.

I'm **Andrea Briseño**, I love sports too. I'm married and I have two kids. My older son Lucas has Down Syndrome and goes to the same school with his brother, Tomás.



PROJECT ACTIVITIES

We will carry out projects to promote inclusion in Public & Private Schools:

1. Partnership with 3 schools that must be interested in the inclusion of their students through the participation of the school management, with the participation of the OE Chile team.
2. Identify each schools leader, with the participation of the school management and the OE Chile team.
3. Each Institution will hold a Workshop "Leaders of Inclusion."
4. All the participants (3 schools) will have a Workshop with the team of OE Chile leaders.
5. Follow-up of each project implementation with the Mentor participation.
6. Contest evaluation, with the participation of OE Chile Team.
7. Awards distributed.



Each school will be responsible for developing its own project, which will be developed at the school. This will give a sense of belonging and coherence to each project.



OUR IMPACT & CONTACT

- ✓ Student Leadership
- ✓ Active environment that promotes inclusion
- ✓ Raise awareness with school leaders about effective inclusive practices.

andrea@fundacionridedevuelta.cl
+569 9741 6944



www.inclusiveschools.org



WORKSHOP IN INCLUSIVE PUBLIC SCHOOL
RIDE DE VUELTA FOUNDATION

The Problem

There are not many Unified Schools and people do not know how to treat youth with intellectual disabilities, which leads to excluding them from sports and academic activities.



Project Goal

- ✓ To recruit young people without ID.
- ✓ To get more schools to be part of the inclusion.
- ✓ To have new athletes.



Project Activities



Give talks to schools about why they should be a Unified School



Sport Programs
Promotion and participation of young people with and without ID



Inclusive activities to promote acceptance

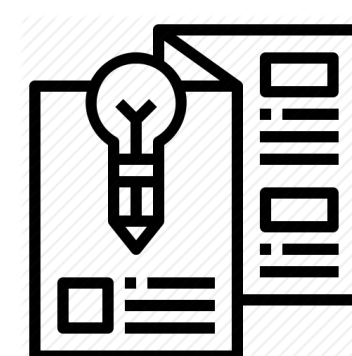
Our Impact

Motivate people and schools to be part of a world of inclusion, equality, respect and acceptance, in order to get them involved in a Unified society.

Social Networks



Flyers



Presentations



Acknowledgement

We warmly thank Special Olympics Mexico and Nadia Rivadeneyra for their support, enthusiasm, motivations and insight during this project

Contact



NadiaRivadeneyraO@gmail.com
mayra.hgez@outlook.com
keilatellez16@outlook.com



+52 1 55 8414 2389
+52 1 55 3522 3810
+52 1 777 534 0820

Special Olympics Middle East North Africa

We are Complete Together

Special Olympics
Bahrain

Fatima Almajed and Noora Zainal



The Problem

Through this project, we will promote the idea of integration within the Bahraini society, which is limited compared to other countries. Highlighting the skills of those with special needs and their ability to integrate with others, we will contribute in the general community's belief in the what individuals with disabilities can achieve. This will enhancing their acceptance in society.

Project Goal

- Delivering the message about Special Olympics Bahrain to the next generation.
- Seeking to attract youth to participate in Bahrain Special Olympics programs.
- To highlight the skills of people with special needs to the community.

Only in an environment where effective integration occurs, people with special needs are enabled to effectively demonstrate their productivity.



Project Activities

An art exhibition will be open to any artist interested in artwork depicting people with ID and representing their stories and suffering. The paintings will be displayed in an art exhibition organized by young people with special needs with the support of others. This will be a great model of integration where people with special needs are given the responsibility of organizing and hosting the art exhibition, as well as showcasing artists with special needs, and their high capabilities. Artists interested in participating will need to be registered, briefed on the plan, and present their artwork in an exhibition.

Location of the event:

The art exhibition will be hosted in a public location such as a shopping mall in order to attract as many viewers as possible and spread awareness to the largest audience

Target audience:

- Secondary school students
- Undergraduate students
- Active youth in volunteer work
- Media
- Private companies-
- Artists

Registration

Rehearsals and briefings

Exhibiting the artwork

Event Phases

The Impact

- The project will promote and inform the general public on Bahrain Special Olympics programs, which are managed by a group of youth volunteers, and will be held in a public location, therefore this will encourage and attract others to volunteer.
- The program will also promote inclusion of individuals with special needs in the society and show case their capabilities to the public.

Performance will be assessed through:

- Statistics of total number of volunteers after the event
- Evaluate the interaction and positive engagement of companies and organizations
- A public survey will be conducted to evaluate the effectiveness and impact of the event
- Organizing similar events annually.



About Us

Fatima has been a volunteer with Special Olympics Bahrain since 2010 as a volunteer in the leadership program.



Fatima



Noora

Noora is a 16 year old energetic young girl with Down syndrome. She's in grade 9 of Hewar International School. Noora has been an active member of Special Olympics Bahrain since 2015.

Contact

For contact:

Name: Fatima Almajed

Email: Fatimaalmajed96@gmail.com

Instagram: fa6ima_almajed

Acknowledgments

We would like to thank Mr. Redha for his continued support and encouragement during this project.

Wherever There is Inclusion, There is Strength and Success

Special Olympics
Egypt

Hana Adbdelatty, Laila Fawzy and Mohamed Safiq



The Problem

Lack of community awareness in terms of:

- Culture of inclusion
- Unified Schools
- Respect for all abilities
- Bullying

Project Goals

- ✓ Spread the culture of inclusive community
- ✓ Disseminate information about Unified Schools
- ✓ Eliminate bullying in the community
- ✓ Accept all abilities
- ✓ Access and recruit potential partners in schools and universities



Unified Sports Day and Young Athletes Demonstration during the 1st SOMENA Siblings Workshop, Dec. 2018.

About Us

Hana Adbdelatty is a junior high school student in Cairo, Egypt. Hana has been involved with SO Egypt as an athlete leader and SO Egypt athlete for over 10 years. She is excited to have further impact on Special Olympics movement around the world.



Unified Sports Day and the young team who joined the 1st SOMENA Siblings Workshop, Dec. 2018.

Project Activities

- Plan and organize awareness meetings for students at schools and universities to spread the message of inclusion, non-bullying and acceptance for all.
- Host days of Unified Sports and inclusive activities at universities and students clubs, targeting students and youth at these premises.
- Establish a Unified Sports Day at institutions in the community assuring the support of employees of these institutions.



Laila Fawzy is a student at the German University in Cairo who started volunteering as a student nearly two years ago. She led several SO Egypt events at her university and is working to spread the culture of inclusion in her own community. Laila is looking forward to taking the next step in her Special Olympics journey.

Our Impact

- Spread the culture of INCLUSION and acceptance. STOP bullying others.
- Project Sustainability: Repeat awareness and Unified activities throughout the year in targeted institutions where activities are taking place.
- Increase the number of institutions, schools and associations supporting these INCLUSIVE activities within the community.
- Communicate with SO Egypt youth leaders about the annual plan for connecting with schools and universities and the continued support for inclusive initiatives.



Unified Sports Day, Young Athletes Demonstration, HA program with the participation of MetLife employees at the stadium of the American University of Cairo.

Mohamed Shafiq is employed at SO Egypt. He works to spread the culture of inclusion in the whole community including institutions, schools and universities.

Contact

Muhammad_srour@hotmail.com
Mohamedshafiq@hotmail.com
lailamffawzy@gmail.com

Introduction

The Problem

There are more than 17,000 person with ID in our community. The majority is not actively included in society .

Project Goal

- To continuously reach out to as many students as possible & encourage them to play sports.
- To include siblings, volunteers & friends in Unified games and highlight the importance of sport in the lives of people with I D



The Idea

Project Activities

- To be present in sport events to raise the importance of Unified Sports
- Include business organizations in a handball game as partners with our athletes
- Identify sport championships with special needs schools & sport clubs .



Our Impact

- We aim to implement Unified Sports to all schools.
- Use social media to spotlight success.
- Expand our experience to all segments of our community.

About Us



Hassan
Abdulrazzaq
Youth Leader
Handball &
Athletics



Ali Salem
Youth Leader
Champion in
Handball

Contact

60606079

22540891

@SoKuwait190

Acknowledgments

We would like to extend our thanks and gratitude to our project manager/mentor Mr. Ahmed Juma for guiding us through this project.



Special Sports University Days

Special Olympics
Morocco

Ibrahim Lahlou



The Problem

Younger people tend to ignore the daily life of people with special needs. They have no idea how much physical and social struggle and often don't make genuine connections.



Project Goal

Special Sports University Days is a project that consists of visits to various Moroccan universities and attempting to organize Special Olympics competitions. With the involvement of individuals with ID and university student, there will be greater cohesion and inclusion across the country.

Project Activities

The main activity of the project consists in organizing Olympic Days in the most known Moroccan universities and involving people with ID and university students. The first day will be held in the International University of Rabat, with other universities will follow. The activities will feature various local sports such as football, basketball, tennis, volleyball and swimming as well as other games. This project is objectifying the spirit behind Special Olympics and putting it into reality.

Organize first day of special sports at UIR

Build a sense of cohesion and acceptance between both parties and build a good reputation for the project

Expanding the work area to various universities in various cities of the country

Project Lifeline

The Impact

The main reason for the existence of this project is to develop a sense of acceptance within the Moroccan youth towards individuals with ID. With the project, there will be a better sense of community and understanding of individual differences which will, hopefully, create a more inclusive future.



About Us

Ibrahim Lahlou, a Business Student at the International University of Rabat and Youth Leader at SO Morocco.

Saïd Zay is a staff member at Special Olympics Morocco supporting the project.



Contact

Mr Saïd Zay: szay0913@gmail.com

Mr Ibrahim Lahlou: lahlou.ibrahim@gmail.com

Introduction

The Problem

The society is unaware about the skills and abilities of individuals with Intellectual Disabilities.



Project Goal

- Give opportunities to our SOO athletes to show their skills to the community.
- Encourage integration.
- Develop confidence and self-reliance.
- Increase INNOVATION.
- Inspire individuals without Intellectual Disabilities to volunteer taking our athletes as ROLE MODELS.

The Idea

Project Activities

- What will you do?
- Achieve successful events through professional organization
- Where will your project take place?
- It will take place during social events and community service.
- Who will be involved?
- SO Oman athletes and supervisors.

Prepare the team.

Campaign about the project.

Launch the practical work.

Our Impact

- What will the result of your project be?
 1. RAISE awareness on integration.
 2. Encourage community support and involvement.
- How will you evaluate your project to know that you have achieved your goals?
 - Increase in the number of athletes as volunteers.
- How will you make your project sustainable?
 1. Constant team appearance and impact on social media.
 2. Project evolvement.
 3. Attractive event to involve community.
 4. Plan simple workshops for the athletes about volunteering.

About Us

Jaber Ali Al Bulushi: Jaber attends Muscat College of Business Administration, where he began his Special Olympics journey by participating in the Special Olympics Leadership Academy. His big goal is FOSTERING inclusion within his community.

Khalid Ali Al Farsi: Khalid currently lives in Al-Seeb, where he has been a longtime participant in Special Olympics. He has also recently completed his studies in carpentry and now serves as a carpenter's assistant.



Jaber AL
Bulushi



Khalid Ali
Al Farsi

Contact

Special Olympics Oman

Hanan Abdulla Anqabu Abdulla
Initiatives Manager
Special Olympics Oman
Tel +968 24187360 Mobile +968 99662822
Email hanananqabu@gmail.com
Twitter @specialolym Instagram @specialolym
Facebook @specialolym

Acknowledgments

We would like to thank Special Olympics Oman and Ms. Hanan Abdulla for supporting us!

The Problem

- Barriers we face:
 - 1.Unavailable resources
 - 2.The idea of volunteering
 - 3.Community accepts people with disabilities
 - 4.Parents accept and recognize the problem of their children

Project Goal

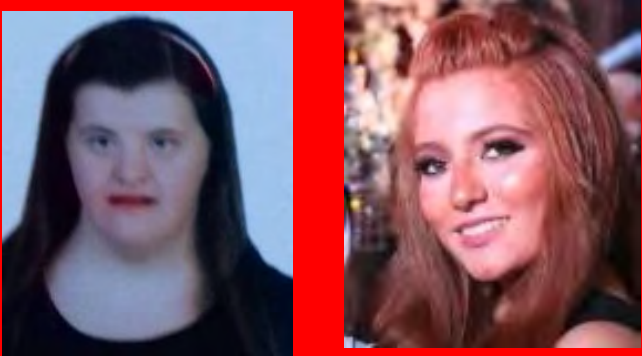
The main objective of the project is to integrate individuals with intellectual disabilities into the community through awareness sessions including the proper attitudes to have towards individuals with intellectual disabilities .
To have faith in their abilities to be included in community activities , focusing on the possibility of employability.



From the experience of inclusion in restaurants.

About Us

My name is Leen Safadi. I study architecture. I am 19 years old and have volunteered with Special Olympics Syria since 2014. Rosa, Rahaf, and I have many ideas for participation and achievements of our plan for our country Syria.



Contact

Name : leen alsafadi
Email:leen.alsafadi_99@Hotmail.com

Acknowledgment

Thank you Special Olympics Syria and its Initiatives
Director, Mr. Saleh Saleh.



Project Activities

- The inclusive project will work under the supervision of the competent authorities and secure potential sponsor for activities sustainability:
- We will integrate individuals with Intellectual Disabilities with other youth in the community
 - This project will take place in schools, universities, recreational and educational complexes
 - Youth with and without ID will work with trainers, psychologists, social counselors and youth facilities

Our Impact

1. Our project will include: Physical activity, family involvement, social media activation, and overall awareness.
2. Because of our project there will be greater community acceptance, discussion of talents and attributes, and investment of capacities of individuals with ID
3. A schedule of activities with the number of participants will be recorded and evaluated twice during the implementation and once after the project. Based on feedback, the project will continue across the country.
4. This will be sustainable as we look for financial support, appropriate cadres able to deal with this segment, promote the idea of volunteerism in a positive way, and support families through successful experiences.

Unified Programs in Community Schools

Ayesha Balfaqeeh & Dania Al Ansari



The Problem

With the United Arab Emirates hosting the Special Olympics World Games 2019, there have been several Unified programs held within the community to promote inclusion and tolerance in conjunction with 2019: the Year of Tolerance in the UAE. However, there are very few Unified programs that are targeting members of the community separately from the programs being held as part of the World Games. Through this project, we'd like to build off of the Special Olympics World Games Unified programs and implement similar activities in community schools located in the Emirate of Abu Dhabi. We aim for this project to be a sustainable one that builds on the legacy of the World Games.

Project Activities



Where?

Three ADEK-run community schools in Abu Dhabi:
Mohammad Bin Mubarak School, Abdulla Bin Otaiba School, and Al Shawamekh School



When?

Our Unified programs will be held during official school holidays

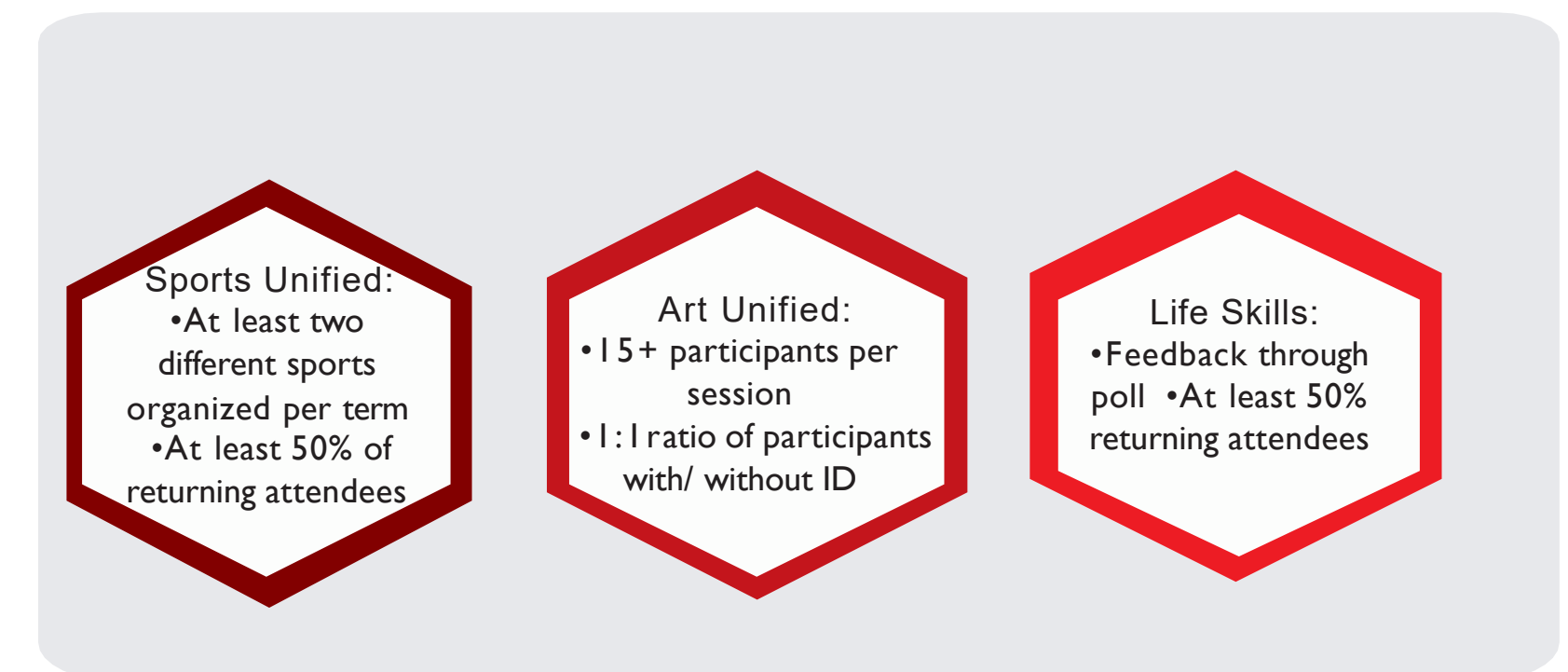


What?

Unified Sports, Unified Art and Music and Life Skills Program

The Impact

- Development of a bond between youth with and without intellectual disabilities
- Higher level of awareness about matters related to people of determination
- Change in mindset through inclusive sports and arts programs



About Us

Dania Al Ansari is a student at Intergreat Center in Dubai, UAE. She would like to work as a photographer, teacher, and artist. Dania loves students and creative works, and hopes to combine the two and cultivate the next generation of youth.



Ayesha joined the Special Olympics movement a year ago when she volunteered for the Special Olympics MENA Games in Abu Dhabi. She interned at the Special Olympics World Games Abu Dhabi LOC and now works with Special Olympics UAE.



Contact

Ayesha.balfaqeeh@abudhabi2019.org
@_waasha
www.specialolympics.ae

Project Goals

- 1 Provide an opportunity for people with and without disabilities to play sports and train together
- 2 Provide health awareness information on disabilities for the community
- 3 Provide an opportunity for youth with and without disabilities to engage and produce art together
- 4 Empower people of determination through the life skills workshops



A Play Unified Football Match
16 December 2018



The first Art Unified Workshop as part of the Special Olympics World Games Abu Dhabi 2019
20 October 2018

Let's Connect

A Social Outreach Program for Inclusion

Safia Al Mansouri, Yousif Al Ali and Michelle Chiccola

Special
Olympics
United Arab
Emirates



Introduction

The Problem:

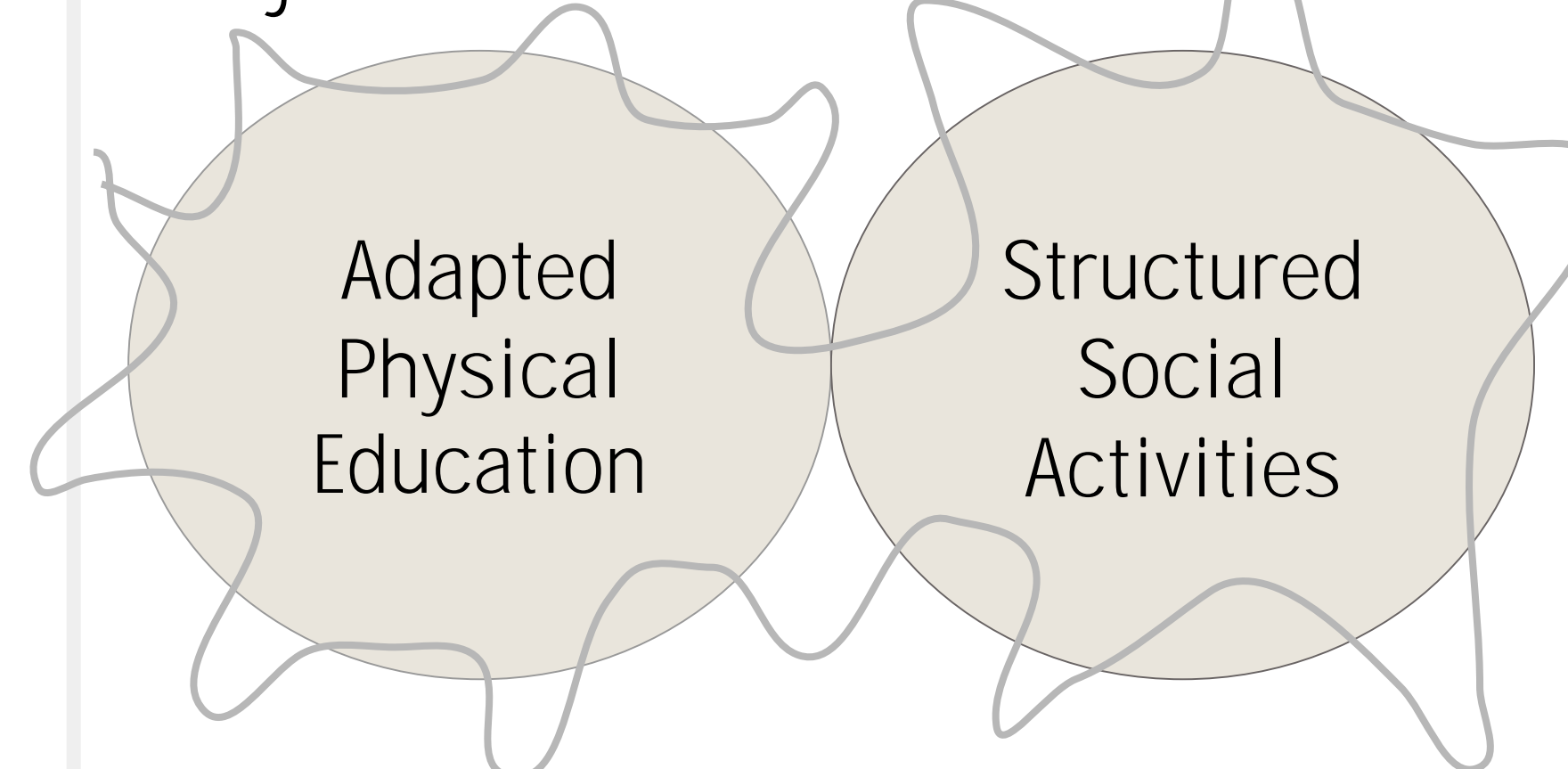
Steps towards real inclusion in the UAE need to happen in government-run elementary schools where the largest number of UAE National Children can be accessed. By being exposed to information and opportunities to practice inclusion, young students can begin to understand why it is necessary. By exposing children at a young age, it increases their chance of being able to include as adults. This program will be able to act as a segway for the current generation to be able to have successful inclusion during their adult life.

Project Goal:

To give opportunities for General Education students to practice inclusion. The program will allow general education students to understand and experience inclusion within a structured and supportive environment. This program will include lesson plans that provide students with a framework in which to interact with students with disabilities. This interaction will allow students to practice social skills and build friendships.

The Idea

Project Activities:



Our Impact:

We want to prepare students for inclusion in the workplace. One of the biggest reasons for poor inclusion in the workplace is a lack of understanding of what inclusion is. Although there are individuals with disabilities that are capable of performing jobs, employers and fellow employees fail to understand how to include an employee with a disability. Whether it is overcompensating and supporting them because they do not expect them to understand, or lack of support because they cannot recognize deficits, these are common issues. Exposing children to inclusion practices at an early age can be most effective because bias and prejudices have not yet formed or are less ingrained.

About Us

Safia is a student in Abu Dhabi and joined Special Olympics this year by participating in community events such as 'Walk Unified' and 'Cycle Unified.' Safia has been involved with inclusive programming as a peer partner for many years; participating in sports, arts and drama programs for children with autism and other developmental and intellectual disabilities.

Yousif is also a student in Abu Dhabi. Yousif speaks both Arabic and English and enjoys playing sports. He competed in swimming at the Special Olympics MENA Regional Games held in Abu Dhabi in 2018 and won a silver medal. Yousif considers himself a 'Good Will Ambassador' and wants 'people of determination' (people with special needs) to be included in the UAE.

Contact

For Contact:

Safia Al Mansouri; safiamansouri03@gmail.com

Yousif Al Ali; piesuf@outlook.com

Michelle Chiccola;

michelle.chiccola@gmail.com

Acknowledgments

We would like to thank Michelle Chiccola for her guidance, encouragement and continuous support throughout the project.

Special Olympics North America

Creating a Unified Soccer Team

Brianna and Andre



Special Olympics
Canada

The Problem

Our school does not have a Unified Soccer Team. No other local schools have teams either.



Outside with Friends

Project Goal

Andre and I want to start a Unified Soccer Team at our school. We would like to have other local schools organize teams also.



Project Activities

- This spring Andre and I plan to get our school involved in making a Unified team. We also plan to visit five other local schools to get them involved in our project.
- We will make posters to advertise the activity.
- We can use the soccer field at our school for practice and games.
- Any students, staff, and community members can be involved.



Extra Image Information

The Impact

- It is our hope that more students will get involved in the Unified Movement.
- We hope the result of our project will be three new schools taking part in Unified Sports
- Our project will be evaluated by the amount schools participating in Unified Soccer
- Creating a Unified Soccer Team at our school. We will continue to spread the Unified Message and have fun doing it.



About Us

Andre is a grade 12 student. He enjoys playing sports, like basketball and soccer. Andre has been part of Unified teams for 4 years.

Brianna is a grade 10 student who is very involved with her local community as a Special Olympics volunteer, Diabetes Canada camp counselor, basketball coach, and 4H member



Contact

Brianna Hiltz:
cheesehiltz@icloud.com

Spread the Word to End the Word

Roshan Gosal and Austin Johnston



Why?

Understanding is a key step on the path towards inclusion. Currently, there is lack of awareness about the dehumanizing and hurtful effects of the R-word (“retard” or “retarded”) which needs to be addressed. Through education about the R-word and the power of speech in general, we can continue promoting the acceptance of individuals with intellectual disabilities.

Campaign Goal

- Set up pledge stands at 15 schools within our province.
- Receive over 2000 pledges to stop derogatory use of the R-word.
- Recruit 50 youth volunteers to participate at the various pledge stands and events.



Project Activities

- **What:** Events and pledge stand will be run at high schools within our province. The events can include assemblies, speeches, or any other ways to create engagement.
- **Who:** Students will be recruited to lead the events within their school. Special Olympics athletes will be encouraged to participate and attend the events to share their own experiences.
- **When:** Events will be scheduled between April to June depending on the school.

Speak with principals and leadership teachers about the campaign

Recruit volunteers within the schools

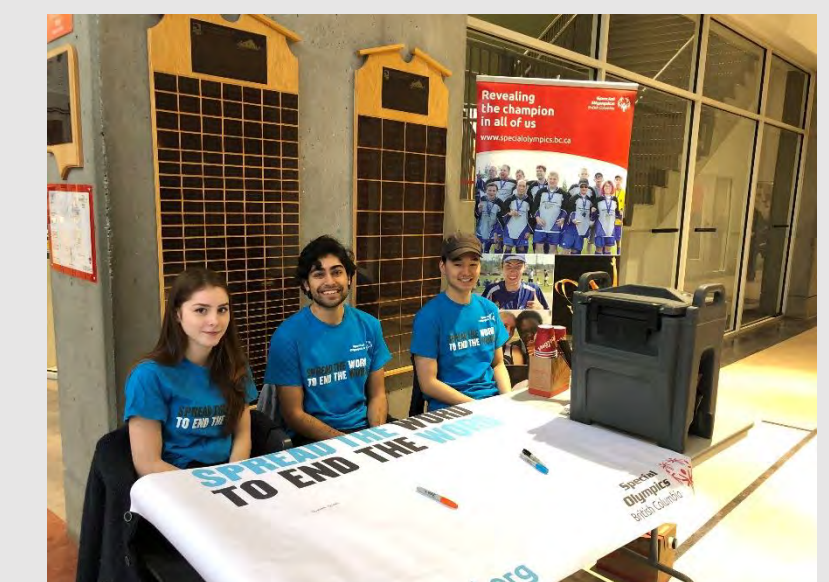
Help each school run the event and gather future volunteers for next year

The Impact

- Awareness about the effects of the R-word and the power of speech.
- Generation of youth interest in the Special Olympics.
- Yearly involvement in the campaign by the leadership classes within the schools.
- Promote inclusion and acceptance starting with youth.
- Education about individuals with an intellectual disability.



School Leaders from 11 different high schools, athlete volunteers, the Mayor of Abbotsford, and the President of UFV from the 2018 Campaign

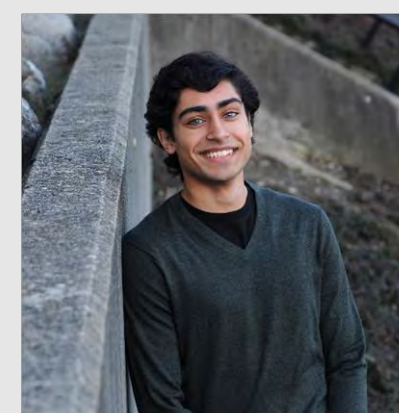


Example of pledge stand set up at our local university

About Us

Roshan

- Volunteering for 5 years
- Head Coach of Soccer Program
- Youth representative for SOBC Leadership Council



Austin

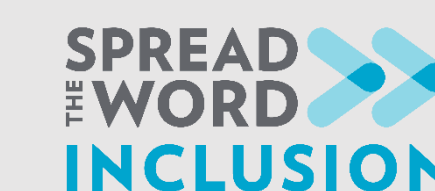
- SOBC athlete for 15 years
- Competed at Provincials, Nationals, and Worlds
- Volunteer coach at swimming



Contact

Roshan Gosal
roshangosal@hotmail.com
604-217-4867

Acknowledgments



Special Olympics



Special Olympics
North America,
Colorado

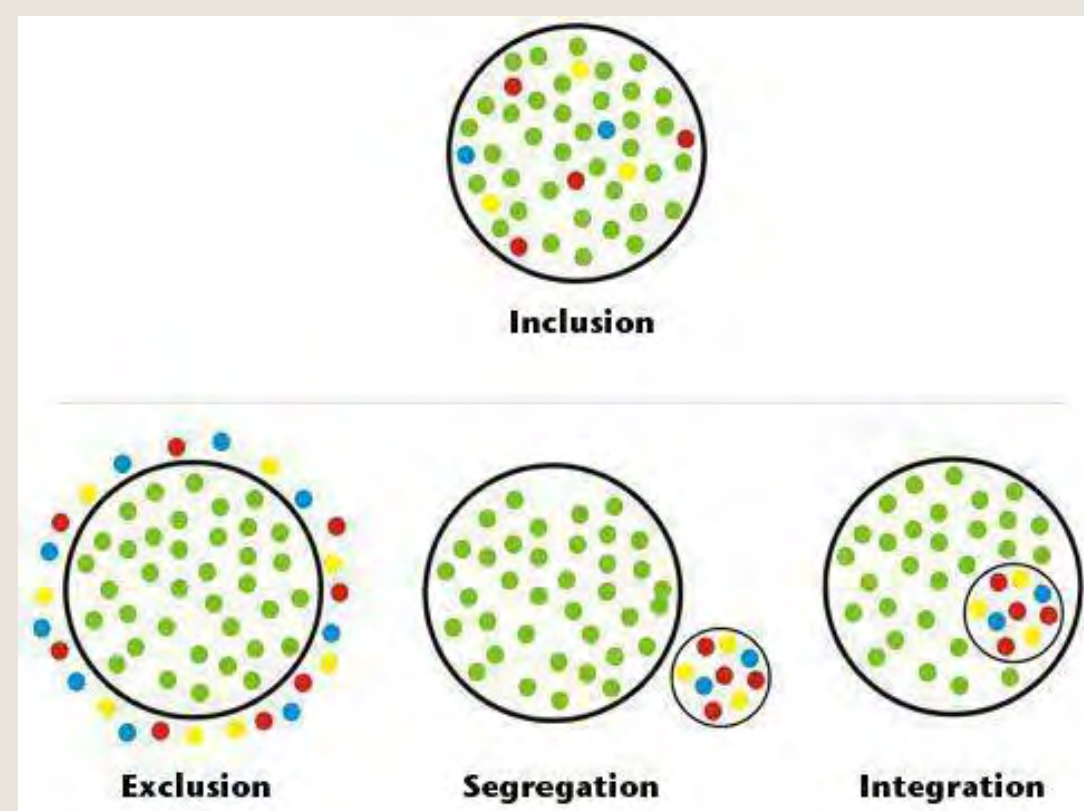
Unified Snowboarding and Skiing Clinic

Mackenzie Beauvais-Nikl and Enzo Ewari



The Problem

A big problem we find in Colorado is athletes feeling out of place when they are transitioning out of high school.



Project Goal

To plan, implement and execute the first Unified Snowboarding/Skiing clinic in Colorado and make this an annual event for Unified Champion Schools to participate in.

Our goal for the first clinic is to have 5 Unified Champion Schools bring at most 10 athletes and partners to the clinic.



Project Activities

- We will be hosting events about learning how to snowboard and ski to both Special Olympics Colorado athletes and Unified partners
- We are hoping to have our Unified Snowboard/Ski Clinic at Copper Mountain Resort
- We will be inviting 5 Unified Champion Schools up to our clinic. For our first year we will put a maximum number of participants to ensure quality and safety for everyone.

August 2019: Start planning, and organizing our clinic

November 2019: Start recruiting 5 Unified Champion Schools to come to the clinic

March 2020: Host first annual Unified Snowboard and Ski Clinic



Team MackEnzo taking 1st place in Unified Snowboarding at Special Olympics Colorado regional competition in 2018

The Impact

- Our impact is to overall have people come back to our clinic the following year or join a team
- Our goal is to also have a school agree to come back for the clinic annually
- We want to help kids with the transition after High School, and impact snow sports so people gain interest in Ski/Snowboarding and come to the clinic in following years or join a ski team
- We want to keep the clinic sustainable by getting Unified Schools to annually come to our clinic in future years



Team MackEnzo with other Special Olympics Colorado athletes at 2019 regional competition

About Us

Mackenzie is 23, and Enzo is 16 and have known each other for 6 years. Both compete in Colorado Rapids Unified Soccer and Unified Snowboarding. Mackenzie works at Pizzability in Denver and an instructor for Denver Parks and Rec. Mackenzie is a board member for Special Olympics and Enzo is apart of the Games Organizing Committee and the Youth Activation Committee.



Mackenzie Beauvais-Nikl



Enzo Ewari

Contact

Mackenzie Beauvais-Nikl; Special Olympics Colorado Athlete and Boardmember.

Email: mbeauvai@msudenver.edu

Enzo Ewari; Special Olympics Colorado Unified Partner

Email: ewari@gmail.com

Paige ThiekeClough; Special Olympics Colorado Unified Champion School Manager

Email: pclough@specialolympicsco.org

Acknowledgments

We would like to thank Paige Thieke-Clough for her guidance, support, and enthusiasm for our project.

EXPANDING OUR PROGRAM TO THE COMMUNITY

Special Olympics North America
Connecticut

Jack Fairhurst and Thomas Romeo



The Problem

The problem in our community is that Unified Sports and/or The Young Athlete Program is not in any other schools besides the high school. The program at our high school is not in any other school in our town and many of the younger kids do not know what Unified Sports/ Young Athletes is.



Project Goal

The goal of our project is to spread our Unified Program from the high school to all of the other schools in our town. We want to encourage and inspire the younger kids and administration to be part of Unified Sports. We also want to build better relationships with our community

Project Activities

For our project activities we will host field days for all of the schools in Oxford. We will have fun games, activities, assemblies, and food for all attending.

- We will play games such as soccer, tug of war, volleyball, and much more. Also for the younger kids we will have stations for relay races, hula-hoops, and more
- For assemblies we will teach about our program so kids get a better understanding.
- Our project will take place at each school in Oxford
- Anyone who is interested can be involved

We will start off with having an assembly and explain what Unified Sports/ Young Athletes is.

Then take the participating kids outside for a field day

We will then get feedback from the participants to see how they liked it and see if they want to join the program

The Impact

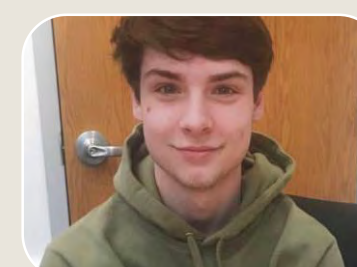
- We hope that the result of our project will be to get more kids involved in Unified Sports and build relationships with one another. We also hope the other schools in our district will create Unified Programs.
- When hosting our event, we will make sure everyone is having fun and is interested in what we are doing. Doing so will inspire more kids to join Unified.
- Our project will be sustainable by taking every aspect seriously, motivating, encouraging, and by providing information about Unified Sports.



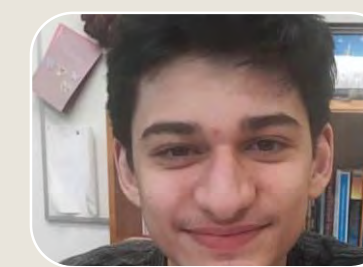
About Us

Hi, I am **Jack Fairhurst**. I am 17 years old and am currently a junior at Oxford High School. Besides Unified Sports, I play ultimate frisbee.

Hi, I am **Thomas Romeo**. I am a junior at Oxford High School and I'm 16 years old. I started Unified Sports in middle school and have been playing ever since!



Jack Fairhurst



Thomas Romeo

Contact

For contact: Jennifer LaCapra, email: lacapraj@apps.oxfordpublicschools.org, #860-866-6402

Acknowledgments

Acknowledgment: I would like to thank Mrs. LaCapra and Ms. Potter for their encouragement, support, and insight for this project.



HD WOODSON FIELD DAY

Malachi Howard and Nasirah Brown



The Problem

We want to make sure the students at HD Woodson feel connected to each other and to school. We want to help end bullying and reduce students feeling like outcasts. Students act out when they feel left out and unsafe. We should be more accepting of the differences between people.

Project Goal

The goal of Unity Day is to bring everyone together. This is a day where all of the students at HD Woodson have a chance to have fun together. We also want to teach HD Woodson staff and students about disability awareness and person first language. Finally, we hope to improve a sense of Warrior Pride and respect the values of our warrior culture with reduced incidents of bullying and more frequent opportunities to show acceptance.



Polar Bear Plunge 2019
HD Woodson Warriors won
"Most Spirit"

About Us

Malachi Howard is an eleventh grade student with a quiet and nurturing leadership style. He hopes to be firefighter someday.



Nasirah Brown is a tenth grade honor student who is a fierce advocate and demonstrates strong leadership skills in every situation.

Field Day Events

- Rubber Duckie Races
- Softball Skills
- Kickball
- Egg Race
- Flag Football
- Tennis
- Water Balloon Fight
- Dance Contest
- Go-Go Zumba

Project Plans

- This spring we will have a school-wide field day to kick off the Inclusion Revolution at HD Woodson SHS.
- The kick off events will happen that morning in the auditorium with emcees, poets, comedians, dance performances, and models wearing clothing that supports the "End the R-word" campaign.
- In the afternoon, students will participate in field day events.
- Student leaders with and without disabilities will work with teachers to run stations and events for all students.
- The entire HD Woodson school community and students with low incidence disabilities from other schools will also participate in these events.
- We will give out prizes and t-shirts to students and teachers having a lot of fun and can explain what it means to use person first language.

Our Impact



- A video crew will be taping the event. During the editing process, we will take notes on what we think went well and how it can be improved for next year.
- Throughout Unity Day our video crew will ask a few students for feedback, why inclusion is important, and why it is important to "Spread the Word to End the Word."
- Student Leaders will pass out and collect surveys asking teachers and students to rate different activities of the day, suggestions on how to improve next year, assessing their knowledge of person first language and opportunities to participate in Special Olympics next year as leaders, athletes, or fans in the stands.

Contact

- Malachi Howard
malachihoward202@gmail.com
 - Nasirah Brown
nasirahbrown202@gmail.com
- @officialhdwoodsonwarrior

We would like to thank the staff at **Special Olympics DC** including Nicole Preston, Tom Kling, Anthony Sokenu, Rodney Williams, and Aimee Craig.



HD Woodson SHS is a small public high school in Washington, DC.

Introduction

The Problem

In our schools sport teams across the district they are currently non-inclusive and don't encourage all abilities to play together. The concept of being Unified in sports has not been introduced across our district which is our solution to this problem.



Project Goal

- Start a leadership team at Roosevelt High School that would create activities to spread inclusion. We would work to purposefully engage our entire student body by using the sport of Unified Bowling as the catalyst to do so.
- Have Roosevelt High School become a Unified Champion School and gain support from admin and teachers in the building and embody their vision
- Meet with representatives from the other four high school in Des Moines and help them become Unified Champion Schools. This would eventually spread to the middle and elementary schools across our district.

The Idea

Project Activities

- We will be implementing a Unified bowling team into our school's sports programs.
- This project will take place at a near by bowling alley.
- We will involve members of our unified club as well as other students who display interest in Unified Sports.

Spring 2019- development of a Roosevelt High School Unified bowling team.

Spring and Summer of 2019- We will begin bowling practice twice a month.

Fall 2019- Have Roosevelt Bowling Team compete at Special Olympics Iowa State Bowling Tournament.

Our Impact

- The result of our project will be to create more Unified communities throughout the Des Moines Public School district by starting with our home high school.
- We will know our successes when we begin to see schools doing unified sports programming together.
- Our project will be sustained through individual school fundraising projects as well as the support from Special Olympics Iowa.

About Us

We are Joy and Evie, we have known each other since the 6th grade at Merrill Middle School. Our friendship has been strong since we met. We enjoy lunch dates, singing in the car and making new friends. We are so excited for this trip to Abu Dhabi as we know we will meet people from around the globe and learn about what they are doing in their home countries!



Joy and Evie

Contact

For contact:
Joy and Evie-
Eviersly@gmail.com

Acknowledgments

We want to first thank Bryan Coffey who has helped us along through this whole process and given us a great amount of support in this journey. We would also like to thank Liz Grier and Becky Curry for encouraging us to apply for this opportunity. Finally we want to thank our families for all the love and support they have given us throughout this new adventure and allowing us to be independent and travel the world!



THE PROBLEM

People with intellectual disabilities do not get as many opportunities compared to people without disabilities.

PROJECT ACTIVITIES

Develop leadership team → Develop calendar → Create and implement activity at high school → Educate the school district about disability awareness → Create events to engage community → Create activity to celebrate the success of our project

PROJECT GOALS

- Creating a Unified generation where everyone feels safe and included.
- Learning new skills from others to connect us together as one.
- Learning how to understand diversity and not just tolerate but include and accept all.

THE IMPACT

- We will measure our success when the community begins engaging with our committee's activities.
- Improving social skills and communication between people with and without disabilities.
- Accepting people for who they are based on unique qualities and traits.



ABOUT US

Kayla Jones
Age: 17
Grade: Junior
Kansas, United States



Reyven McDonald
Age: 17
Grade: Junior
Kansas, United States

CONTACT

Denise Chowning
chowningd@usd204.net
913-422-5121

Special Olympics North America, Maryland

UNIFIED PLAY DAYS

Julia Bagnell and Chad Brooks



The Problem

1. **Financial restrictions** limit the opportunity for students to play different sports
2. **Disconnection** between unified sports and other varsity sports



"Unified Play Days" will help bridge to disconnect between Unified Sports and others.

Project Goal

We hope to broaden the opportunities in Unified Sports for students with ID while fostering inclusion and goodwill within our school community.



Unified bocce athletes cheer for their teammate after a great roll (2018)

Project Activities

- **Who?** 40 youth with ID and 100 without ID
- **What?** Two Unified Play Days each sports season
- **Where?** In our high school community in Millersville, Maryland. Events will be held at Old Mill High School

For our project, we would like to establish "Unified Play Days" in which unified athletes would be able to participate in other sport practices. For example, during the fall the unified tennis team would attend set volleyball or soccer practices to play a new sport while helping to build a more inclusive community.

Preparation:

- Establishing specific dates
- Contacting coaches
- Advertising events

Implementation:

- Hold "Play Days"
- Photograph events
- Post on social media

Reflection:

- Review success of events
- Make improvements
- Plan future initiatives



Unified bocce doing their team cheer before a match (2018)

The Impact

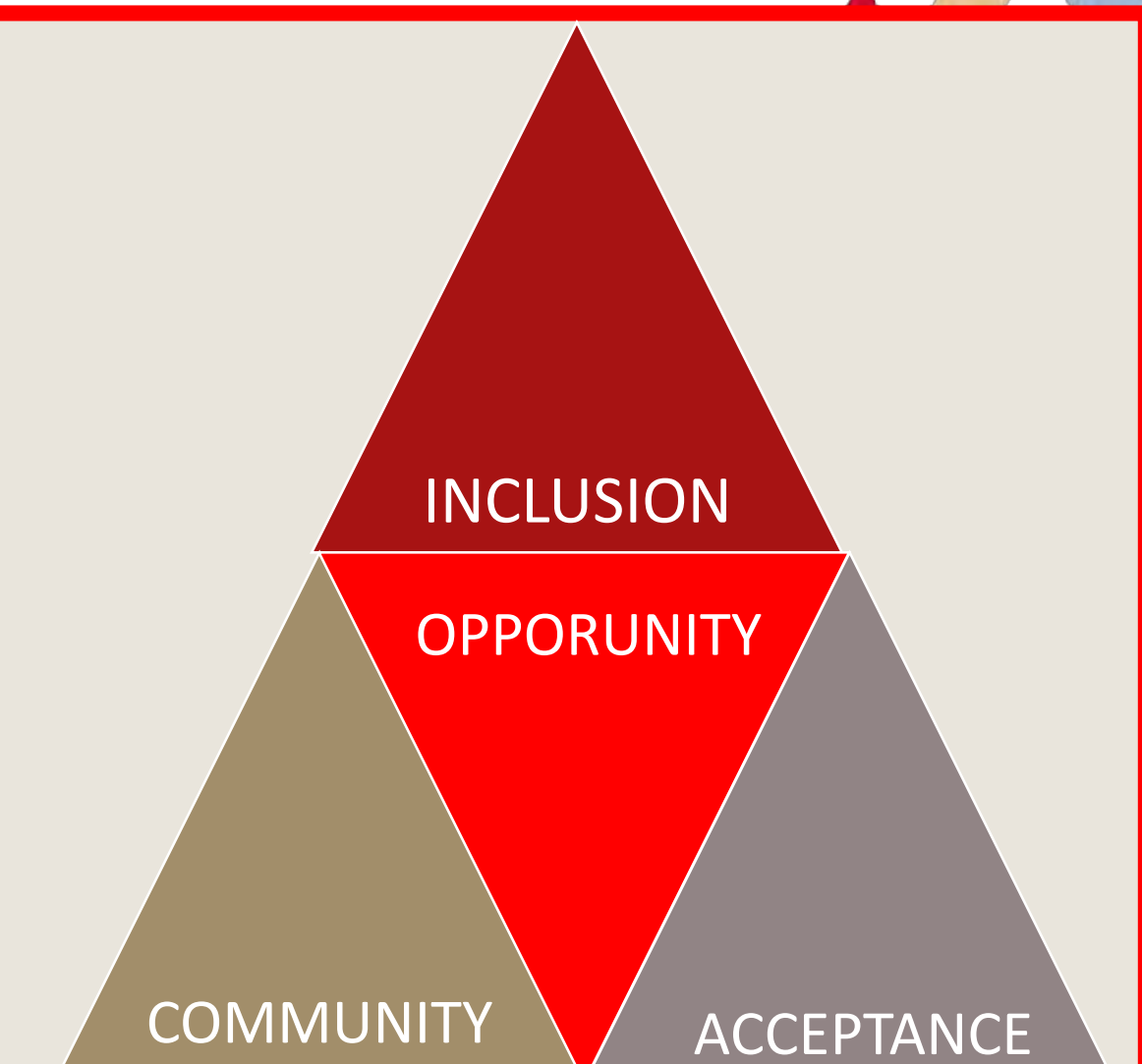


Unified bowling teammates share a celebratory hug (2017)

• **Results:** This will provide a great opportunity for unified athletes to try new sports, while expanding the reach of our program, thus increasing the number youth leaders involved in unified athletics.

• **Evaluation:** We will evaluate our project by keeping track of the number of new participants, issuing surveys, and counting attendance at the events.

• **Sustainability:** By facilitating these play days, unified sports will gain awareness within our school. After implementing the project at our school we will prepare to spread it around to the surrounding schools.



About

Julia is involved with Unified Sports as a partner on bocce, and also supports local fundraising efforts for Special Olympics. She enjoys building friendships and hopes to further her involvement in Special Olympics.

Chad has been involved with Special Olympics his whole life and has participated in every Unified Sports offered to him, including tennis, bowling, and bocce. He enjoys Unified Sports because of the great friendships he has built over the years.



Julia Bagnell



Chad Brooks

Contact

Julia Bagnell: bagnell.julia@gmail.com

Chad Brooks: marcia60@verizon.net

Cathy Wiley: cwiley@aacps.org

Website: www.somd.org

Acknowledgments

We would like to thank Cathy Wiley and Melissa Kelly for their encouragement, insight, and enthusiasm during this project.

